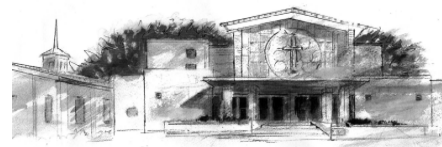




St. Luke Lutheran Church

9100 Menaul Blvd. NE, Albuquerque, NM 87112
505.299.2621 Email: stluke@thuntek.net Website: stlukeabq.org

Rooted in God's Word, Serving in God's World



*"I am the
resurrection
and the
life."*

John 11:25

APRIL 2023

ST LUKE WORSHIP SERVICES

The Lord's Supper is shared at all weekend services.

Nursery care available during weekend services and Sunday classes

In-Person Worship Services

Saturday at 5 PM

Simultaneous live-stream worship at 5 PM (facebook.com/stlukeabq)

Sunday at 8:15 AM and at 10:30 AM

Christian Education (*after the 8:15 service*)

9:15 AM Adult Forum, in the Fellowship Hall

9:15 AM Salt & Spark Sunday School, in the Sanctuary

Turn to page 5 for the Holy Week and Easter schedule

Highlights:

Journeys with Jesus and
Pastors Christa &
Wayne p 1-3

Holy Week p 5
Resurrection of Our Lord
p 5

Prayer Ministries p 6, 17
Children's Ministries
p 8, 9

Women's Ministry
p 10, 11

Vacation Bible Day Camp
p 13

Elders Alive p 16

Wellness Ministry
p 18-19

St. Luke Preschool p 20

Using the Telecoil
p 21

Outreach p 24, 26

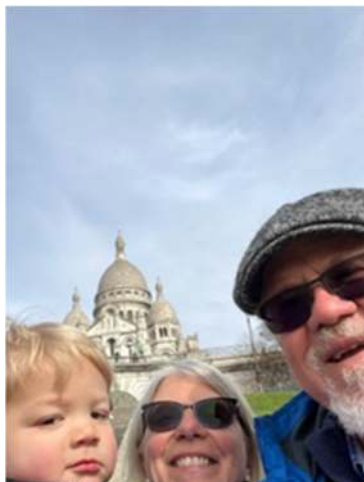
April Celebrations p 27

Journeys with Jesus

and Pastors Christa & Wayne

Postcards from Paris ... [with excerpts from

Pastor Christa's sermon preached 3/26, 2023]



***For I am about to create new heavens
and a new earth;
the former things
shall not be remembered
or come to mind.***

***But be glad and rejoice forever
in what I am creating,
for I am about to create
Jerusalem as a joy
and its people as a delight.***

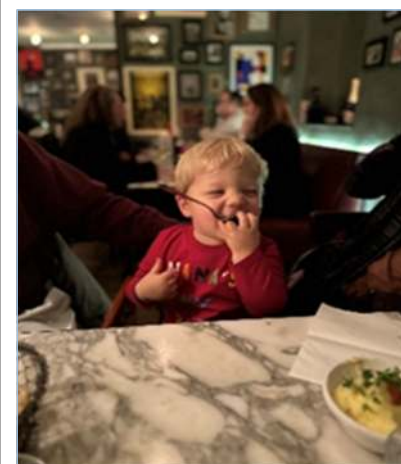
(Isaiah 65:17-18)

Pastor Wayne and I just returned from Paris, a place that's both familiar and strange to us, having lived in France for a year in what seems like three or four lifetimes ago. And how much it means to us-

Continued next page

talking with old friends and spending time with family (yes!). Including our two year old grandson!) not over Whatsapp, or email, or Instagram or Messenger, but face to face, with bread and wine, & crème brûlée for real. The physicality of being together in the same time zone, space, sky, and table is taking part in the deep goodness of creation and serves as a foretaste of the banquet table of the New Creation with Christ.

Artificial Intelligence has been in the news a lot lately. But AI chatboxes will never be able to do *this* constellation of



A first glorious taste of crème brûlée!

life: eating, drinking, touching, remembering, watching, needing, grieving, hoping, celebrating ... no. There's an ephemeral time & space physicality and vulnerability to being human that will forever elude AI breakthroughs.

Since we last saw our Dutch and French friends, there's been the death of a parent, the death of a mutual colleague, there's been a new birth -- our friend in his seventies now, has become a grandfather -- they weren't sure it would ever happen and then, voila! It did!



Notre Dame is expected to re-open in late 2024, five and a half years after a fire nearly destroyed it - sign of resurrection even in secular France.



And each time we part, we exchange eager invitations to come visit each other; but we really don't know, do we? Not to be morbid but the older we get, we are accumulating deaths like a fearful string of pearls; each death, luminous, shining, unique, hard ...

Continued next page

The hand of the Lord came upon me, and he brought me out by the spirit of the Lord and set me down in the middle of a valley; it was full of bones. ² He led me all around them; there were very many lying in the valley, and they were very dry. ³ He said to me, "Mortal, can these bones live?" (Ezekiel 37:1-3)



Two and a half thousand years ago, the hand of the Lord came upon the prophet Ezekiel on the ancient streets of Babylon. God's Spirit brought Ezekiel to a valley filled with bones. I imagine it may have been a little like one of the lesser known sites in Paris - the Parisian catacombs - you descend

131 steps and walk through a labyrinth of tunnels where several million anonymous human bones were taken out of overcrowded cemeteries two and three hundred ago and arranged in carefully placed piles and designs.

There's something grim and fascinating and soul-searching about it— is *this* all human beings are, dear Lord? A pile of bones ? There are a few poems and signs posted, one of which reads in translation: ".../Ephemeral as a flower/Tossed by the slightest breeze/They were as we are/Dust, the wind's plaything/Fragile as men/Feeble as the void."

The biblical bones, like those of the catacombs in Paris, were beyond any drop of hope. And yet - "*Speak to them,*" God says to Ezekiel. We know it's a vision, not the real thing, but it's a vision of a real thing to come.

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. (Ezekiel 36:26)



As we now enter the holiest week of the Church Year, we remember again the juxtapositions of life, suffering, death, and finally Christ's triumph over all loss and failures. On **Palm Sunday** the children lead us with palms and song; at the **Seder Dinner** we will feast and drink wine (and maybe even dance?) in remembrance of our Lord's feasting with his disciples at Passover; on **Maundy Thursday** we will celebrate our Lord's Last Supper, as we receive the sacrament, in, with, and under, bread prepared by our children; and on **Good Friday** the St. Luke Choir will lead us in commemorating the bitter

death Christ endured for our sake.



And then, the glorious Good News of Easter, first proclaimed quietly, mysteriously, wondrously at the *early morning* (5:45 AM! Join us!) Easter Vigil (complete with an Adult Baptism) and then with the joyful strains of the festive Easter Sunday worship, Easter breakfast and, of course, the beloved Easter egg hunt. May the New and Eternal Life of Christ come also to each one of us.

Pastors Christa & Wayne

Pulpit Exchange

Weekend of April 22 & 23

Holy Cross Lutheran church Intern Pastor Matt Hansen will be our guest preacher at all our worship services on April 22nd & 23rd.

In exchange and in the spirit of loving our neighbors, we will send off our Pastor Wayne to preach God's Word to our brothers & sisters at Holy Cross.



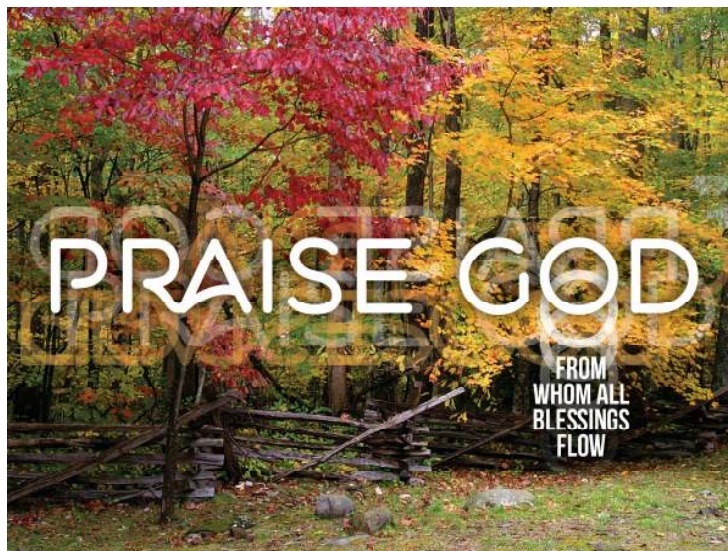
Notes
From the Pastors



Announcing: Seminary Intern at St. Luke – BENJAMIN BERNSTEIN!

We have just received great news that Benjamin Bernstein, student at Lutheran Theological Southern Seminary (South Carolina) will be our intern at St. Luke! [We will be sharing Benjamin with Holy Cross Lutheran Church]

- ❖ Approximate dates of internship: August 2023 – August 2024
- ❖ Benjamin grew up in Spartanburg, South Carolina and received a B.A. in Communication and a minor in Religious Studies at University of South Carolina Upstate.
- ❖ Benjamin was just married! And he will be bringing his wife, Courtney, to Albuquerque – for their first year of marriage!
- ❖ More news will be forthcoming!



Holy Week Schedule

Passion of Our Lord / Palm

Saturday, April 1, at 5 PM and
Sunday, April 2, at 8:15 AM & 10:30 AM
Procession with Palms with St. Luke Sanctuary Choir
Kids Salt & Spark Choir, and the Bells of St. Luke

Seder Dinner

Sunday, April 2, at 4:30 PM
In the Fellowship Hall (family friendly)

Maundy (Holy) Thursday

April 6 at 6:15 PM
Personal Absolution and Holy Communion

Good Friday

April 7, 6:15 PM

There will be NO services on
Holy Saturday, April 8.

The Resurrection of our Lord Sunday April 9th

Easter Vigil/Sunrise Service at 5:45 AM

We begin outdoors by a fire, then move inside for dramatic readings, Holy Eucharist, and baptism.

Worship Services at 8:15 AM & 10:30 AM

In the Sanctuary

Between services:

Easter Potluck Brunch after the 8:15 service

(~9:15), in the Fellowship Hall

Please join us! Family, friends, visitors—all welcome!

Council will provide ham. Please sign up to bring side dishes in the narthex or online at StLukeABQ.org.

We also need a few volunteers to help set up on Saturday or to help clean up. To volunteer, contact

Cindy Callisto, Council member, at

ccallisto1031@gmail.com or Angie at the church at stluke@thuntek.net or 505.299.2621.

Egg Hunts for preschool children to fifth grade

- Bring your Easter baskets for collecting eggs.

- Egg hunt for preschool & kindergarten children will be in the preschool playground.

- Egg hunt for first through 5th grade children will be in the Courtyard.

'Official Bunnies' for Egg Hunts on Easter

Youth are invited to hide and lead the egg hunts. On Easter Sunday, meet in the Youth room at 9:15 a.m.

To volunteer, contact Bev Berardinelli at birdnbev@comcast.net.

ST. LUKE PRAYS

All are invited to participate!

You may attend either the evening or the morning prayer time, or both, on Zoom, as scheduled below:

Thursday, April 13, at 10 AM Go online at Zoom.us; enter Meeting ID: 869 0387 7019, then, Passcode: STLUKEPRAY

Thursday, April 13, at 7 PM Go online at Zoom.us; enter Meeting ID: 850 0312 6952, then, Passcode: STLUKEPRAY

For the first part of the meeting, we will meditate on God's Word using meditation for the day on the Pray-as-you-go website. Then, we will pray together for all that are on the St. Luke prayer list, for any new prayer requests, and for St. Luke church.

For information, contact Bev Ronkos at StLukeABQPrays@yahoo.com or by phone call or text at 505.307.4732.



St. Luke Prayer Team

By Bev Ronkos, Prayer Ministry Coordinator

It is with a grateful heart that I coordinate a team of nineteen Prayer Team members. If these participants are anything like me, they consider their participation in this ministry an honor and a privilege.

Galatians 6:2 tells us, "Carry each other's burdens, and in this way you will fulfill the law of Christ." Praying for one another is a powerful way for us to bear one another's burdens and a powerful gift for the prayer recipient. Like any other gift, praying for others gets our focus off of ourselves and onto the needs around us. Also, praying for others reminds us that we were never meant to carry a heavy load, but to take it to our Father in Heaven.

Please consider joining St Luke's Prayer Team. The time commitment is minimal. The concept is simple; when a prayer request is received, a prayer is then sent to the Prayer Team members via email, text or both. When a Team member receives the prayer, he or she sends the prayer up to heaven.

It is an easy way to strengthen your prayer life and I think you'll find that the more you pray for others, the more comfortable you become and it will continue to be integral part of your spiritual life. Joining the Prayer Team is easy: 1) Online at StLukeABQ.org; [location at St Luke's website - click on MEDIA & SIGN UPS, then choose ST LUKE PRAYS]; 2) Email: stlukeabqprays@yahoo.com; or 3) Text: 505-307-4732

Bucket of Change

Your Bucket of Change gifts in April 2023 will benefit

Albuquerque Health Care for the Homeless (AHCH)

Website: www.abqhch.org



Albuquerque Health Care for the Homeless (AHCH) is the only health care organization in Central New Mexico dedicated exclusively to providing services to people experiencing homelessness. Their services are essential to a person's capacity to get or stay healthy, acquire housing and/or employment, and transition out of homelessness.

AHCH operates its own medical clinic which offers primary medical care, psychiatric services, dental care, and a volunteer run eye clinic. The medical and social services outreach team visits shelters, motels, meal sites, public libraries, and other places where people experiencing homelessness reside to conduct mini-clinics, screenings, and provide referrals.

Bread of Heaven Workshop

March 26, 2023





Weekly Children, Youth and Family Music & Bible Adventures

Spread the word! Invite a friend!

Sundays 9:15-10:15 between worship services

Salt & spark Sunday School Opening (Music and more with Ms. Danielle)

Meet in the Main Sanctuary, then we split off into our respective groups:



GODLY PLAY for 2 ½ - 5 year olds *plus one* (with a parent, grandparent or caregiver) Godly Play is a creative, imaginative approach to Bible Story-telling. We recognize that children have an innate sense of the presence of God and have been gifted to help rekindle that sense of wonder in others. Based on Montessori methods, Godly Play enables faith exploration in children through story, the use of manipulatives, and encouragement of a sense of imaginative curiosity. Parents, godparents

and grandparents find OUR faith rekindled, too. Please join us!



KIDS SPARK for 5 to 12 year olds With games, crafts, and conversation, we gather “family style” helping each other to pray, read the Bible, and explore ways to activate our faith in everyday life throughout the week. We discover and re-discover God speaking to us afresh! *No Spark on Sunday, March 19. All youth are invited to join the Godly Play class.*

Love God, Love Neighbor 2022-2023

Youth Service-Learning Adventures for Grades 6 - 10 & Up

Second Sundays, 12:00– 4:00pm



(friends, older youth and parents or mentors warmly welcome)

General schedule: 12 noon simple lunch & choose your own board games, cards, basketball, etc. provided by host church. (arrive at the host church anytime 12-1)
1-3:30 Service/Learning 3:30-4pm wrap up, youth-led worship

October 9th Host Church: St. Luke Lutheran Church; St. Francis & God's care of creation - made dog biscuits and dog pull toys that were given to the **Storehouse**/ people and their pets, plus a visit from Pr. Janet Morse who fosters kittens (there were kittens!!)

November 13th Host Church: All Saints Lutheran Church: -Watched the movie *Encanto* Explored refugees in the Bible and what it means to seek a home. Put together snack bags & welcome kits as a service project for **ABQ Asylum Seeker Welcome and FaithWorks**.

December 11 Host Church: Cross of Hope to **Mandy's Farm**, offering a variety of educational and therapeutic services, working on a farm setting with people living with disabilities. Ended with a worship-skit on the Friends who opened the roof to bring their friend to Jesus.

January 8 Host Church: Cross of Hope: **Tres Hermanas Farm** a ministry of **Lutheran Family Services** devotions/skit led by St. Luke Youth re: Good Samaritan

February 12 Host Church: St. Paul Lutheran ... **The Storehouse** - a community resource fighting hunger, Storehouse offers **FREE** food to people who need it regardless of their income; Shopping sprees – How far will \$50 go?? Over \$1,000 worth of healthy food and cash collected for the Storehouse.

March 12 Host Church: St. Luke Lutheran ... **Summer Vacation Bible School Program for children with special needs**, offered at Cross of Hope one week in summer, in partnership with Rainbow Trail Lutheran Camp

NEXT ADVENTURE: **April 16 (third Sunday)

Host Church: All Saints Lutheran Church

We will carpool from St. Luke after church

Service-Learning Adventure: **Wings for Life:**

Transforming lives to break generational cycles of incarceration. We'll be making mini-goat milk soaps and care packages for the families!



UPCOMING EPISODE: (in planning stage; details to be confirmed)

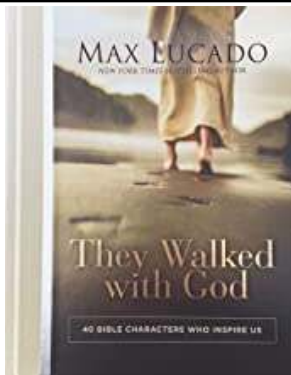
****May 7** (first Sunday) Host Church: Holy Cross Lutheran (?)

Service-Learning Adventure: **Saranam:** To empower families to end their homelessness and poverty through housing, education, and supportive communities.

**** In April & May, we are meeting on the third & first Sundays, respectively, on account of Easter and Mothers' Day being on the second Sundays.**

Service-Learning Resource Coordinator: Katie Hallstrom - see more about service-learning projects at <https://servicelearningcamps.com/> (not directly affiliated with Love God. Love Neighbor. Program)

Project Manager ©: Pastor Christa von Zychlin. pastorchristaabq@gmail.com at St. Luke Lutheran Church, ABQ or text 920-489-0650



Lamplighters

Thursday, April 6
2:00 - 3:30 PM, in the Lounge/Library.

We are reading "They Walked with God: 40 Bible Characters Who Inspire Us," by Max Lucado. At the April meeting we will be discussing chapters: "The Women Who Washed Jesus' Feet" on page 359; "Lazarus" on page 131; and, if time allows, "Moses" on page 187. Carrie Haugen will be leading the discussion. Anyone is welcome to join our group.

If you have any questions contact Gayle Carleton at 505-559-3012 or at lamplighters@stlukeABQ.org.

Women's GATHER Bible Study, Brunch & Mini-Retreat

Saturday, April 22
9:15 - 11:45 AM, in the Fellowship Hall

Invite someone who may or may not be a member of our congregation. Bring a brunch item to share.



January to April 2023 Study:

THE TEN COMMANDMENTS

By *The Rev. Christa von Zychlin*

(We're going to dig deep!!!)

APRIL 22 - SESSION FOUR: Guardrails for love of God and neighbor (Commandments 7,8,9 & 10). In this fourth and final session of the Ten Commandments, we will consider sayings from Proverbs and other biblical wisdom related to minding our tongues, integrity in the marketplace, and practical ways to serve our neighbors.

BRING: a) an object or photo that represents a way in which you, your church or your community are helping others "improve and protect their property and income" (as a positive way of keeping the 7th commandment); b) an advertisement or picture of something (hopefully not someone) you covet— or are trying hard not to covet.

Study found in the March/April edition of GATHER magazine, with copies available at each mini-retreat. Go online to www.gathermagazine.org/bible-study to watch the video supplement.

For more information, contact Bev Berardinelli at WomensBibleStudy@stlukeABQ.org or at (505) 266-3666 or contact Pastor Christa at pastorchristaABQ.org.



Photo: Beautiful St. Luke women and guests at the March GATHER Bible study



Mother/Child/Neighbor/Sister/Niece/Friend Women's GATHER Bible Study, Brunch & Mini - Retreat

May 13th. 9:15 - 11:45 AM
in the Fellowship Hall



Challenge: Invite a friend, neighbor, or family member to come with you - we hope to have at least twice the attendance as at our usual gathering.

Please cut and share an invitation with a family member, friend, or neighbor.



Mother/Child/Neighbor/Sister/Niece/Friend Women's GATHER Bible Study, Brunch & Mini - Retreat

May 13th. 9:15 - 11:45 AM
in the Fellowship Hall

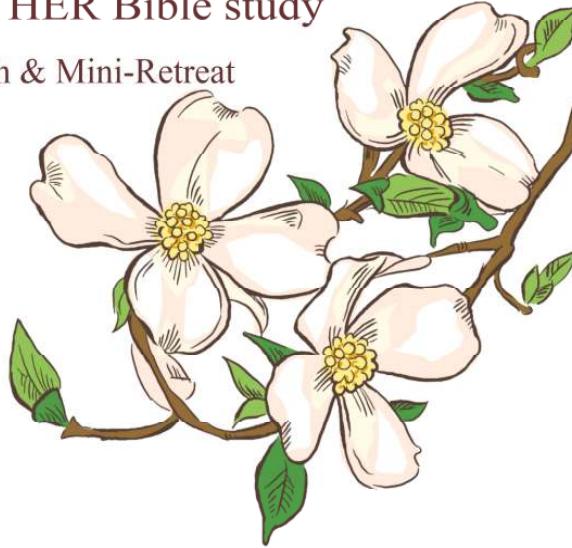


Challenge: Invite a friend, neighbor, or family member to come with you - we hope to have at least twice the attendance as at our usual gathering.

Spring
Women's

GATHER Bible study

Brunch & Mini-Retreat



Spring
Women's

GATHER Bible study

Brunch & Mini-Retreat





Adult Forum Series

Sundays, 9:15 AM

In Fellowship Hall

[An Experiment at St. Luke!]

Please join us every week - or whenever you can!

This Adult Forum series uses ***The Wired Word*** curriculum, a guided discussion about faith and scripture as it relates to current events.

What happens? Wired Word sends the lesson electronically at the end of each week for the upcoming Sunday. Class members can sign up to receive advance copies of the lesson, which includes: summary, media links, related Biblical passages, discussion questions.

OR, just show up! I'll be leading the first several sessions - let's see how it goes!

Hope to see you there—Pastor Wayne

Think summer!!!

Vacation Bible Day Camp 2023 is just around the corner!!!

*Rainbow Trail Lutheran Camp and St. Luke Lutheran Church
presents*

Vacation Bible Day Camp

JUNE 19 - 23, 2023

Ages: K - 5th Grade



Older kids and teens needed as junior counselors.

Non-church members and friends welcome!

Rainbow Trail Bible Theme for 2023 centers on **Ephesians 3:14-21** [For by grace you have been saved through faith and this is not your own doing; it is the gift of God—not the result of works, so that no one may boast.]

Mark your calendars today! Stay tuned for more information.

The sign up form is available online at StLukeABQ.org; click on Christian Education; choose St Luke Kids & Youth; then, Vacation Bible Camp.

Questions? Contact the church office at (505) 299-2621 or StLuke@thuntek.net.

Sun

Mon

Tue



April 2023



2 *Passion of Our Lord/Palm*

Nursery Care in the Nursery during services & Sunday School/Forum

After each service: Blood Pressure Screening - Lounge and Coffee Fellowship - Narthex

8:15am Worship Service

9:15am Adult Forum: The Wired Word, in Fellowship Hall

9:15am Salt & Spark Sunday School Opening -Sanctuary; followed by Godly Play & Spark

10:30am Worship Service

3

9:50-11:45am Preschool Music classes, in the Sanctuary

4

9:15-11:45am Preschool Music classes, in the Sanctuary

3:30pm Preschool Staff, in Fellowship Hall

6:30pm Worship, Music & the Arts Comm. meeting *on Zoom*

9 RESURRECTION OF OUR LORD

5:45am Easter Vigil/Sunrise Easter service, starts outdoors

Nursery Care in the Nursery during services & Sunday School/Forum

8:15am Worship Service

9:15am Easter Brunch (in Fellowship Hall); Easter Egg Hunts (preschool & kindergarten in playground; first-5th graders in Courtyard)

10:30am Worship Service

10 *Easter Monday*

Church office closed.

9:50-11:45am Preschool Music classes, in the Sanctuary

11

9:15-11:45am Preschool Music classes, in the Sanctuary

1:30pm Elders Alive Planning Meeting *on Zoom*

Pastors' retreat April 11-14 in Las Cruces

16 Nursery Care during services & Sunday School/Forum

After each service: Coffee Fellowship-Narthex

8:15am "Holy Hilarity" Worship Service

9:15am Adult Forum: The Wired Word, in Fellowship Hall

9:15am Salt & Spark Sunday School Opening -Sanctuary; followed by Godly Play & Spark

10:30am "Holy Hilarity" Worship Service

12-4pm Youth Service Learning Adventures, at All Saints (*carpool from St Luke after church*)

17 Deadline: articles/items for May Horizon newsletter & calendar

18

1:30pm Elders Alive: Traveling to Holy Land [Speaker: Dawn Meyer], in Fellowship Hall

3pm Finance Comm. *on Zoom*

7pm Preschool Comm. mtg., *on Zoom*

23 Nursery Care in the Nursery during services & Sunday School/Forum

After each service: Coffee Fellowship-Narthex All services: Pulpit exchange - Guest Preacher Matt Hansen

8:15am Worship Service

9:15am Adult Forum: The Wired Word, in Fellowship Hall

9:15am Salt & Spark Sunday School Opening -Sanctuary; followed by Godly Play & Spark

10:30am Worship Service

24

9:50-11:45am Preschool Music classes, in the Sanctuary

25

9:15-11:45am Preschool Music classes, in the Sanctuary

2pm Staff mtg *Zoom*

30 Nursery Care during services & Sunday School/Forum


After each service: Coffee Fellowship-Narthex

8:15am Worship Service

9:15am Adult Forum: The Wired Word, in Fellowship Hall

9:15am Salt & Spark Sunday School Opening -Sanctuary; followed by Godly Play & Spark

10:30am Worship Service

Wed	Thu	Fri	Sat
			1 <i>Passion of Our Lord/Palm</i> 10am-12 Choir rehearsal 5pm Worship service Nursery care , in Nursery After the service: Blood Pressure Screening, in the Lounge 5pm Live stream worship
5 8am & Noon GRACE class <i>on Zoom</i> 9:30am, 10:30am, 11am, 11:30am Preschool Worship—JESUS IS RISEN 2pm Bells of St Luke - Lounge/Library 7-8:30pm Choir rehearsal	6 <i>Maundy Thursday</i> 6:15pm Worship service Nursery Care available	7 <i>Good Friday</i> Noon: Church office closed 6:15pm Worship service	8 1-2:30pm Survivors of Suicide, Youth room No worship services on Saturday
12 2pm Bells of St Luke - Lounge/Library 5:30pm Survivors of Suicide board meeting, in Youth room 7-8:30pm Choir rehearsal	13 9:30am, 10:30am, 11am, 11:30am Preschool Worship-JESUS IS RISEN 10am & 7pm Prayer Meeting on Zoom	14	15 5pm “ Holy Hilarity” Worship service Nursery care , in Nursery 5pm Live stream worship at StLukeABQ.org
19 9:30am, 10:30am, 11am, 11:30am Preschool Worship—JESUS & THE CHILDREN 2pm Bells of St Luke - Lounge/Library 7-8:30pm Choir rehearsal	20 Preschool conferences, no classes 11am-1:30pm Preschool Staff, in Fellowship Hall 6pm Church Council mtg., <i>on Zoom</i>	21 Preschool conferences, no classes 11am-1:30pm Preschool Staff, in Fellowship Hall	22 9:15-11:45am Women’s GATHER Bible study, Bunch, Mini-Retreat - Fellowship HI 1-2:30pm Survivors of Suicide, Youth room 5pm Worship service Pulpit exchange - Guest Preacher Matt Hansen Nursery care , in Nursery 5pm Live stream worship at StLukeABQ.org
26 2pm Bells of St Luke - Lounge/Library 7-8:30pm Choir rehearsal	27 9:30am, 10:30am, 11am, 11:30am Preschool Worship— JESUS & THE CHILDREN <div style="background-color: #00A0C0; color: white; padding: 2px; text-align: center;">...BE FILLED WITH THE SPIRIT...</div> <div style="background-color: #90C090; color: white; padding: 2px; text-align: center;">SINGING & MAKING MELODY</div> <div style="background-color: #C0A0D0; color: white; padding: 2px; text-align: center;">TO THE LORD WITH ALL YOUR HEART.</div> <p style="text-align: right; font-size: small;">Ephesians 5:18-19, ESV</p> 	28	29 5pm Worship service Nursery care , in Nursery 5pm Live stream worship at StLukeABQ.org <div style="text-align: right; font-size: large; color: #0070C0;">April 2023</div>

You're Invited to ...

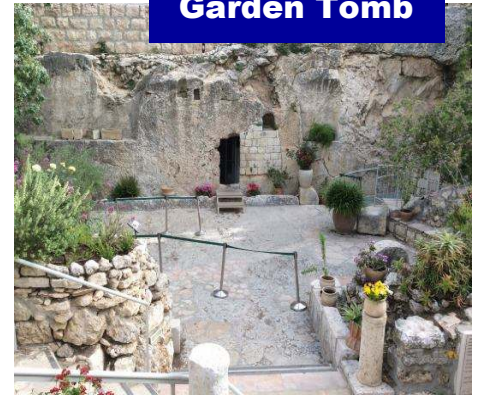
Elders Alive!

Traveling to Holy Land

Tuesday, April 18, 1:30 PM, in the Fellowship Hall

Speakers: St. Luke members who have explored the Holy Land

Garden Tomb

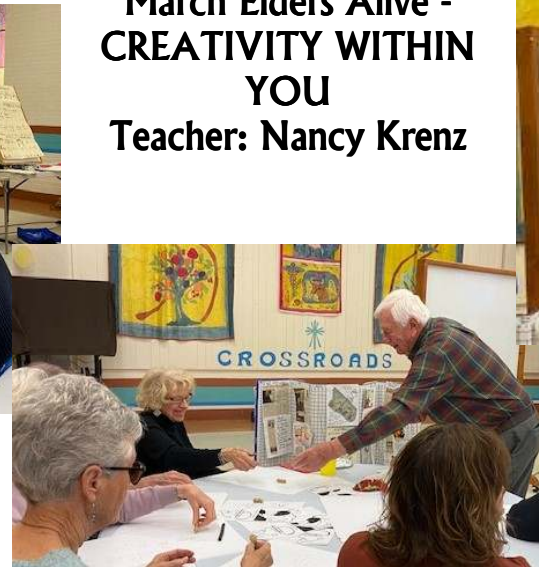


MARK YOUR CALENDARS:

May 16: Planning meetings on Zoom at 1:30 PM

May 23 In-person event: Topic - Healthcare for the Homeless. Speaker: Cindy Callisto

**March Elders Alive -
CREATIVITY WITHIN
YOU
Teacher: Nancy Krenz**



St. Luke Prays

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people. 1 Timothy 2:1

For Our St. Luke Family

We lift to you:

† Leeondra Schuler
† Laura Eaton-Ortega
† Dottie Donohoe
† Cheryl & Spencer Gerwin upon the death of St. Luke member & Cheryl's mother Jackie Lockhart, on March 17th. Lord, comfort them and the members of St. Luke where she was a member for many years. May their memories be joyful and allow them to smile.

† St Luke's homebound: Polly, Melda, Dorela, Billie, Leah, Dottie, Karin, Kay, Phoebe, Lucille, Loretta, Lois, Ardys, Donald, Liz

Heavenly Father, You have called us to serve You. We stand ready and willing to do the work wherever You desire. We stand amazed at Your great choreography called life, which brings Your children together to perform beautiful acts of service where you best utilize us as Your instrument of blessing to others. Thank you, Lord, for allowing us to labor in Your vineyard.

For the Wider Church

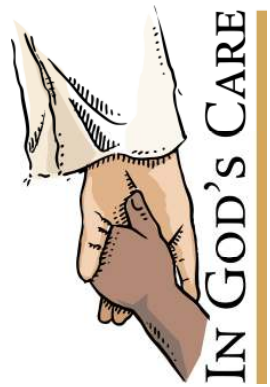
We pray for Lutheran Family Services in Albuquerque; Luther House NM/CNM; Navajo Lutheran Mission in Rock Point, AZ; and Camino de Vida in Albuquerque.

Family & Friends of Church Members

We place these people in the palm of your hands:

† Mary Lou (aunt), for healing; Lola (mother) for her care; Jahqwah (with her sister Leeondra), for wisdom in caring for their mom & aunt (from Alison Schuler)
† Eric S., recovery of skull fracture (from Steve & DeAnn Eaton Azar)
† Family of Ed Bender on his death on March 17 (from Barbara Exley)
† Rebecca (from Trujillo Family)
† Cindy, developed belly mass (daughter of Leah Coughenour)
† Family of Cathy Irvin of Erie, CO, as they mourn her death (from Carol Abramovich)
† Dawn Sudhop and her family as they mourn the death of Scott, Dawn's father (from Shore Family)
† Roxanne, her mother and her niece - looking for temporary housing while waiting for approval of their Section 8 housing application (call received at church office)
† Gloria, need correct diagnosis and treatment of her ailment; lives in Columbia (long time friend of Magda Renteria)
† John Campbell, quadruple bypass surgery on March 8 (friend of Dave & Betty Begeal)

† Mike Santiago, cancer (from Nancy & Denny Krenz)
† Mark (from Chuck & Barbara Exley)
† Donna, breast cancer (Karen Carlson's aunt)
† Emily & Seth (from Shore Family)
† Peggy (sister of Sally Trigg)
† Margaret (mother of Danielle Cordova)
† Avery, 12, diabetes (granddaughter of Mary Voelz)
† Jane (from Shore family)
† John, evaluated for ALS (cousin of Karen Carlson)
† Marcia McKnight, stage 4 cancer, in hospice (very good friend of Cathy Plummer)



Received from St. Luke Website

Please let your presence be known to:

† Vanessa Frangiosa, homeless & addicted to Fentanyl. Her mother, Joy Frangiosa is looking for her.

For Our Community, Country and the World

We pray for Bucket of Change recipient for April: Albuquerque Healthcare for the Homeless, its medical teams and the clients they serve. Let your presence be known and give them all hope for the future.

God, we ask for a flourishing city, state and country, where neighbors learn to love each other and come to know Jesus. We pray that we can be good stewards of Your love to each one of our neighbors. We ask that You help us to learn kindness from each other, and it may all be welcomed.

Give your angels charge over those in our prayers, Lord. Tend the sick, give energy to the caregivers, rest the weary, bless the dying, soothe the suffering, be with those who travel and give strength and courage to those who do your work. In your love, give us all these, through Jesus Christ our Lord. Amen.

Lifting One Another Up Through Prayer

Submit your prayer requests to coordinator Beverly Ronkos by email at stlukeabqprays@yahoo.com or by calling or texting 505-307-4732.

Names will remain on the prayer list for one month. If you would like your prayer request to stay on the list longer or less than thirty days, please contact Coordinator Beverly or the church office.



The Wellness Ministry

Mission: To CARE by equipping, educating and advocating for wellness of mind, body and spirit in our church and neighborhood.

MEMBERS (from the left): Sandy Williams Clark, Gayle Carleton, Twila Randolph, Betty Ann Arner (Chair), Cheryl Folkes, and Deacon Lorna Hansen.



NEXT WELLNESS MINISTRY MEETING

Tuesday, June 6, at 4:30 PM, in the Zuni room
For more information, contact Betty Ann Arner at bettyannarner@gmail.com.

MONTHLY BLOOD PRESSURE SCREENING

Provided by the St. Luke Wellness Ministry nurses on the first full weekend of the month, usually. No fee.
Saturday, April 1, after the service, screening by Wellness nurse Cheryl Folkes. **Sunday, April 2, after the 8:15 AM service**, screening by Wellness nurse Gayle Carleton; and, **after the 10:30 AM service**, screening by Wellness nurse Sandy Clark. For more information, contact Gayle Carleton at 505-559-3012.

LIQUIDS WE CONSUME - PROS AND CONS

By Lorna Hansen, RN

There isn't a day when we don't consume some kind of liquid, unless having surgery or a procedure when instructed to have nothing by mouth (NPO). In fact, we are encouraged to hydrate our bodies well each day. If not doing so, this can create problems especially for the elderly who are prone not to drink adequate amounts of water.

As most things in life there are two sides to everything- pros and cons.

The most common liquids we consume are: water, tea, coffee, milk, juices, soft drinks, and alcohol. What we choose to drink mostly depends on taste, amount of calories, side effects from the drink, and or an acquired addiction.

Mayo Clinic ranked the following from best to worst in regards to calorie counts.

- ◆ Water- this has no calories and great health benefits
- ◆ Unsweetened tea and coffee those without sugar, syrups and cream
- ◆ Low-fat and skim milk and soy beverages that are fortified with vitamin D and calcium are healthy drinks
- ◆ Caloric beverages with some nutrients, such as 100% fruit juices, vegetable juices, whole milk and sport drinks
- ◆ Sweetened drinks such as soda have little if any nutrient value.

WATER: H₂O is good for a person's overall health. It can help the body to maintain a good temperature, lubricate joints, get rid of waste via urination, bowel movements and sweat.

The con is depleting too many vitamins and minerals by drinking excessive amounts of water within a short amount of time.

TEAS: The varieties are vast and have been around for centuries.

Pros- many contain antioxidants which promote health benefits such as preventing cardiovascular disease and reducing risks of heart attacks. The antioxidants kill free radicals in our bodies and protect cells from being damaged.

They can be helpful in maintaining healthy skin
They can promote relaxation from the L-theanine amino acids in teas

It can strengthen bones by having several properties thus preventing osteoporosis risks
Cons- Those containing caffeine can cause increased anxiety and or sleep disruptions. They can cause some nausea from tannins contained in some teas. They can cause acidity problems.

SOFT DRINKS: Neither non caloric or sugared soft drinks have any health benefits other than perhaps taste!
The CDC recommends that added sugars should make up less than 10% of a person's total daily caloric intake.

Continued next page

Wellness Ministry ... continued from previous page

Those under the age of two should not consume food or drink that contains added sugars. Diet sodas have been deemed unhealthy since they contain artificial sweeteners such as aspartame, saccharine, or etheritol. It has been shown that aspartame can have an adverse effect on maintaining memory. Artificial sweeteners may raise the risk of heart attacks and strokes. Research has supported the notion that soda whether regular or sugar free can be a risk factor for diabetes. They can also have an adverse affect on tooth enamel.

Other liquids such as milk, juices and alcohol will be reserved for another article. The overall message for promoting good health is to read labels and know the components they contain and the effects they have on the body. So perhaps we are not just what we eat, but also what we drink. Choose wisely and drink up!

Reference:
Health letter.MayoClinic.com
Best Healthy Drinks (healthy food-32171.com)

Invitation from

St. Luke Preschool Committee

The St. Luke Lutheran Church Preschool Committee needs members who would be willing to serve on the Committee for a two year term. We have a monthly meeting (currently these happen online via Zoom) and we help with several social events that occur throughout the year for our Preschool children and their families. If you would be interested in serving on the Committee please contact Sally Quintana or Mary Beth Garrett, co-chairs of the Committee.

We are also in need of church members with finance or accounting skills to serve on the Preschool Financial Team which consists of three to four members. Members would share duties which include maintaining financial processes and records for the Preschool, monitoring income and expenses for the Preschool, drafting budgets for the school year and summer school sessions, and preparing a monthly Treasurer's Report for the Preschool Committee. If you would be interested in serving on the Financial Team please contact co-chairs Sally Quintana or Mary Beth Garrett.



In Memoriam

JACKIE LOCKHART

Mother of Cheryl Gerwin and a long time St. Luke member died on March 17, 2023.
Please include Cheryl & Spencer Gerwin and their family in your prayers.

"Comfort the Gerwin and Lockhart families and members of St. Luke where she was a member for many years. May their memories be joyful."

Thank You

Dear Prayer Team, thank you for your cards and for all the prayers on behalf of Pat Lange. Alas! God still called her to be at his side on 13 Feb. 2023. The family is very grateful to you in remembering Pat and us!
Heidi, Carter, and Don Lange

Thank you so much for helping to make Ava's baptism so special! We appreciate you all and all you did.
John & Kassondra (parents of Ava Gutierrez)

Many thanks to the family of St. Luke for all the prayers, acts of support, and kindness.
Bob & Sherri Domres



St. Luke Preschool



Growing with God Since 1956

(505) 292-8812 | STLUKEPRESCHOOL1956@gmail.com | stlukepreschool.org



We are thrilled to be working with Danielle Cordova, as she teaches joyful and engaging Early Childhood Music classes for the preschoolers each week! Dancing, singing, fun, and silliness are very much a part of our mornings with Danielle and we couldn't be more grateful to learn and grow alongside her. Most recently Danielle and Nancy Granert created the opportunity for children to learn about and explore the organ. The children loved making music of their very own!

“There’s music in every child. The teacher’s job is to find it and nurture it.”
— Frances Clark

We have so much to be thankful for, including:

- ❖ Creative and skilled teachers who work well together, are passionate about the work they do, and give of themselves daily.
- ❖ Joyful and engaging Early Childhood Music Classes provided by Danielle.
- ❖ Dedicated Preschool Committee members whose service and support behind the scenes is invaluable.
- ❖ Financial Team members who give of their time and expertise to oversee the usage of resources such as the Child Care Stabilization Grant, and ensure the financial well being and viability of the preschool.
- ❖ Property Committee members who give of their time and expertise to offer guidance and support with respect to all things property related.
- ❖ Support staff who generously give of themselves to support our mission— Pastor Christa, Pastor Wayne, Angie, Michelle, Danielle, Nancy, and Pamela.
- ❖ Church Council members who continue to support and stand behind the mission and ministry of the preschool.
- ❖ The kindness of volunteers who support the preschool in ways too numerous to count! Gil Quintana, Mike Sanchez, Charles and Sandy Clark, Bill Abel, and Greg Anderson to mention a few.
- ❖ Generosity, prayers, kindness, and encouragement from church congregation members.
- ❖ Each family who entrusts us with their child’s early learning and care.
- ❖ Most importantly, God’s presence with us each and every day.

We are grateful for your partnership as we share God's love with the children and their families.

We’re in the process of hiring two Educational Assistants and one Lead Teacher for the 2023-2024 school year.

These positions will begin in August.

If you know of someone who is passionate about working with young children and their families, please let them know about us!



USING THE ST. LUKE LUTHERAN CHURCH TELECOIL SYSTEM:

Today's hearing aids and devices offer a wide variety of styles, models, and options. One hearing aid option you may not know about, however, is the telecoil system. For some people with hearing loss, a telecoil can enhance their listening experience, in a variety of settings, and in a variety of locations.

What is a telecoil?

A telecoil, also called a t-coil, is a small copper wire built into a hearing aid. This wire works as a receiver that picks up signals from a loop system (more on that in a bit). When the telecoil in the hearing aid is activated, it turns incoming signals into sound. The great thing about a telecoil is that it turns only the signals coming in from the loop system into sound, leaving out the background noise or other unnecessary conversations.

Think of a telecoil as a sort of antenna for your hearing aid — searching for the right signal and delivering it straight to your device.

What is a loop system?

When you go to school, the movie theater, the airport, a concert, or a place of worship, you may notice they are equipped with loop systems or hearing assistive technologies. In a public place, this technology can be invaluable. Look for this signage (or just ask!):

A hearing loop system means the room or venue is surrounded by its own copper wire, which sends a signal to any active telecoils. All you need to do to take advantage of a loop system is turn on the telecoil in your hearing device — no special equipment needed. Some devices feature auto-detection for telecoil loops. You can also use telecoil technology on T-rated telephones.

Reference: <https://www.oticon.com/blog/what-is-a-telecoil-and-how-can-it-help-me>



At St. Luke, we have this decal posted on the entrances to the Narthex and on the glass dividing the Nave and Narthex, indicating that St. Luke is equipped with such a loop system. As previously mentioned, no special equipment is necessary to connect to the loop system. Some hearing aids will automatically detect the presence of a telecoil system and switch to that mode automatically. Some may require selecting the “T” mode of the hearing aid. If your hearing aids are otherwise operating properly, but are not connecting to the St. Luke loop, please ask an usher to ensure the loop system is powered up. If you still have difficulty with your hearing aids connecting, please consult your hearing aid manufacturer or provider to determine if your hearing aids are compatible and can be used with a telecoil loop system.

Prayer Shawl Ministry

After many years of faithful service with the St. Luke prayer shawl ministry and its service to those who create the shawls and those who find comfort in their gift, Pam Mares is ready to turn the leadership over to someone who may have a passion for creating shawls/blankets and/or lap robes and who may have fresh thoughts about revitalizing this ministry. She would be happy to give guidance. **If this is something you are strongly interested in leading**, please contact Angie (Office Manager and Ministry Assistant) at the church office (505.299.2621 or stluke@thuntek.net).



The Storehouse New Mexico

St. Luke church's year-round outreach to our neighbors in need of food

Website: StorehouseNM.org

Did you know...

- ⇒ the Storehouse "blue bin" located by the elevator is emptied approximately every 6-8 weeks. When the blue bin is full, Angie calls the Storehouse to pick up the food.
- ⇒ the majority of food in the bin is protein foods such as tuna, chicken, etc. Other non-perishable foods are also welcome including soups, canned vegetables and fruit.
- ⇒ the Storehouse supplies dog and cat food on the 3rd Friday of the month. St Luke supplied one month of canned cat food and small bags of dog food in October.
- ⇒ this year, 2023, was the recipient of St Luke's Bucket of Change for January; we sent over \$600.

Here is a goal for 2023—Let's see if St Luke ...!

- ⇒ can provide enough food so the blue bin is emptied every 4 weeks
- ⇒ can provide enough pet food for 2 monthly distributions by the Storehouse

The Storehouse asks for protein foods that do not require cooking for our neighbors experiencing lack of food. Some examples include canned tuna, small cans of salmon, canned chicken, canned beef and Spam. As always, any canned foods/prepackaged foods are appreciated, especially Ramen Soup.

The Storehouse also accepts pet foods. Pet Food Day at The Storehouse is on the third Friday of the month. Clients can pick up food for their pets at the same time they pick up groceries.

** TO: St. Luke church & preschool and the ABQ Lutheran Youth Service Adventures -- Thank you for your gifts of food and diapers. You filled up TWO barrels which Storehouse driver Sam had picked up this week.

** Bucket of Change collected in January 2023 for the benefit of The Storehouse = \$605.35

Information: Debbie Werner at debrowerner89@gmail.com.

HopeWorks Collection

HopeWorks in New Mexico works to end homelessness among individuals and families

Website: HopeworksNM.org

St. Luke will be collecting much needed items for HopeWorks clients on an ongoing basis. We were favorably impressed with their mission and facility when working there for "God's Work, Our Hands." Please place yours donations in the wicker hampers in the west hall of the Narthex. Items they are most in need of are:

- Travel size bar soap, deodorant & lotion
- Feminine products
- Mini-size shampoos & conditioner
- New socks & underwear
- Wet wipes & wash cloths
- Chap stick
- Razors & shaving cream

For more information, please contact Diane Follstaedt at dfollstd@unm.edu.

Lenten Worship & Healing Prayer

- ❖ Simple melodies In the style of Taizé
- ❖ With Dramatic Readings in the series of “Things of God”



Thank you to our hosts:

- Week 1: Sanctuary Choir
- Week 2: Noon Grace Class
- Week 3: Children, Youth, & Family ministries
- Week 4: Women's GATHER Bible study group
- Week 5: Preschool Committee

to all soup & bread makers, bakers, providers, our musicians, readers, pastors.

We give thanks and praise to our Lord for these mid-week feasts and additional time to worship together.



Pastor Christa teaches about the Power of Tears — All God's Children Message on March 25-26, 2023





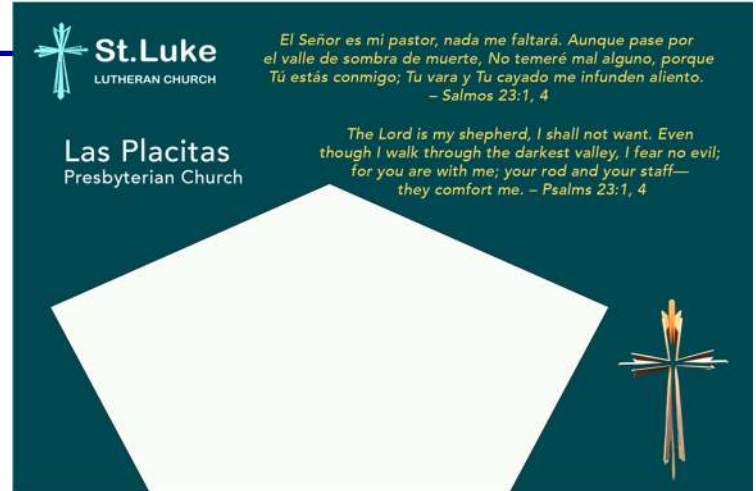
St. Luke Elders Alive in Partnership with Las Placitas Presbyterian Church

February Event - LOVE: Love God. Love Neighbor
Assembled Dignity Kits for migrants & asylum seekers in and near
Ciudad Juárez, Mexico



A large number of dignity kits and hundreds of pounds of food went to El Paso destined for shelters in Ciudad Juarez on Saturday, March 3.

—Jerry & Judy Aaker
(in photo)



St. Luke postcards that accompanied the Dignity Kits we assembled at the Elders Alive February event.

March 8, 2023

We just returned from an incredible two days in the Borderplex of El Paso-Juárez. We transferred over 6,000 pounds of much needed food, clothing, hygiene products, and Dignity Kits into Dr. Eva Moya's garage on Saturday morning.

The truckload of donations included 439 pounds of rice, 240 cases of food and water, 1,791 Dignity Kits (which included 300 from United Church of Los Alamos, **100 from St. Luke Lutheran Church in Albuquerque**, and 91 mini kits from the San Ysidro Catholic Parish youth in Santa Fe), 125 Children's Kits, over 400 Days for Girls Kits from chapters in Colorado, Arizona and New Mexico, 11 boxes of diapers, 23 quarts of infant formula, 8 boxes of clothing and shoes, 3 boxes of bedding, 4 boxes of toys and puzzles, and 97 tote bags. Dr. Moya's incredible team unloaded the truck in short order and began filling their vehicles with items they would deliver to those in need along the border...

We would also be remiss if we did not recognize those volunteers who write the notes of gratitude we include in each Dignity Kit. We need over 1,000 handwritten notes every month. Thank you so much.

Jack and Cheryl Ferrell
Las Placitas Presbyterian Church



At Respettrans in Mexico, a 5-story building in Juárez that typically houses around 200 migrants, mostly women & children.





Youth Mentorship Program



Potential is Everywhere

Youth in our community have an abundance of potential - they just need someone in their corner to help them realize it. BBBS has partnered with Lutheran Family Services to create a new youth-serving mentoring program.

Together, we hope to create positive change in our community by matching young refugee students with adult mentors to build powerful friendships, experience mutual learning and cultural integration, and provide young people with social, emotional, and educational support.

Become a Mentor

Volunteers tell us that being a mentor is one of the best experiences that they have ever had.

Here are some things to think about:

- Mentors must be at least 18 years of age. We ask that mentors see their mentees for 4-8 hours each month, and commit to volunteering for at least a year.
- You would do the same things with your mentee that you would do with your friends! This could include playing games, going on hikes, enjoying a meal or activity together, and more. Just hang out! It's that easy.
- You are not alone in this. Staff from BBBS and LFS are there to support you and provide resources and opportunities.

Volunteer today at bbbs-cnm.org!

Contact:

Jay.Wilson@bbbs-cnm.org

Madeleine.Velasquez@lfsrm.org

Mohammad.Munir@lfsrm.org



From The Rev. Carolyn Schneider, Ph.D.

ELCA Missionary serving at the United Theological College in Jamaica

It has been a while since I have written! That is because I am teaching several courses that are new to me this semester, and I am running all the time just to keep up. I am learning at least as much as the students are, especially about the history of the church in the Caribbean. I will share with you the most astonishing thing I have learned so far this semester. As Christians of the twenty-first century, we pay attention to Jesus' parting words to his disciples in Matthew 28:18-20, "And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age'." I was shocked to learn this semester that European settlers in the Caribbean from Protestant countries, like the Netherlands, Great Britain, and even Lutheran Denmark, not only failed to heed these words of Jesus but actually opposed them.

Protestants moved to the Caribbean in the seventeenth century to run plantations, mostly of sugar, which aimed to make as much money as possible as quickly as possible. Thus, the work on the plantations was done not by paid employees but by enslaved Africans. Since the plantation owners and managers considered themselves Christian, we might expect that they would teach the enslaved Africans about Christ and have them baptized. That was, after all, what the Catholic Spanish did in their colonies. But it was not so.

Although Catholics taught that enslaved people should be catechized and baptized, Protestants held that a Christian could not hold another Christian in slavery. By this logic, if the slaves became Christian, the masters would have to liberate them. The planters refused to evangelize the Africans who worked for them if it meant that they would have to set them free. They did not want them to be equals as members of the church. So, in the Protestant colonies, slaves did not receive Christian instruction and were not baptized.

That changed in the middle of the eighteenth century, but for a century and a half Africans had lived in Protestant colonies in the Caribbean without being invited to Christian faith. During that long time, it was

the Africans themselves who took the first steps toward conversion to Christianity. Church historians Dale Irvin and Scott Sunquist describe that process like this:

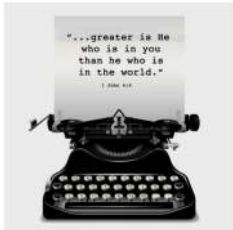
Africans observed the religious world of their captors, and some began to adapt their own indigenous religious worldview to that of their new social context. ...Traditional African beliefs and practices, including those revolving around spirits, spirit possession, healing practices, and ancestor veneration, were merged with Christian symbols and practices in a variety of ways (Irvin and Sunquist, *History of the World Christian Movement*, vol. 2 [Maryknoll, New York: Orbis, 2012], 229).

One of the many Caribbean churches that formed out of this merger of African traditional religion and Christianity was the Spiritual Baptist Church (also known as Shouters), the subject of a novel of historical fiction that the students and I are reading in one of my courses, *The Wine of Astonishment*, by Trinidadian author Earl Lovelace. I highly recommend it to you! The students are loving it because they can relate to the songs, spirit-possession, and struggles of the Spiritual Baptists, whose church was outlawed in Trinidad between 1917 and 1951 because it was considered too loud.

Sometimes I wonder how history might have turned out differently if the European Christians of the seventeenth century had considered Africa as a continent full of potential Christians instead of potential slaves, or if they at least had considered the enslaved Africans who worked for them as persons, not as property, and had heeded the voice of Jesus to teach and baptize more than they heeded the call of money. I imagine that emancipation would have come much sooner and that, likewise, the ongoing process of healing the scars of slavery would have started much sooner. How good it would have been if those wounds of slavery had never been suffered in the first place; they have left very deep scars that still sting. Please keep me, my students, and all the churches of the Caribbean in your prayers as we work together with you on healing those wounds.

In peace,

Carolyn



ST. LUKE CHURCH OFFICE

Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands! – Psalm 90:17

Contact church staff at: 505.299.2621 or at stluke@thuntek.net

✧ Altar Flowers, given by ✧

April 9 [Resurrection of Our Lord]: Please see list at the last pages of the worship bulletins
April 15-16: Les & D'Ann Anderson, in thanksgiving to God and in celebration of their 46th wedding anniversary
April 22-23: Sandy Williams, in loving memory of Leo Christian Koontz; and Lorelei Bintz, in memory of Wilma Buddrius
April 29-30: Daleen Olson, in loving memory of Jane Sly

✧ Sanctuary Candle for April ✧

Given by Daleen Olson,
in loving memory of Jane Sly

To offer altar flowers and sanctuary candle, please sign up on the Flower Chart posted on the kiosk in the Narthex. Donation: \$25 for sanctuary candle for the month; \$35 per altar flower arrangement. You may donate online at stlukeABQ.org or give it with your offering.

Deadline

✧ Sunday, April 16, 2023: deadline to submit articles for the **May Horizon newsletter** and items for the **May 2023 calendar**.

Please submit all articles & items to Angie at the church office at StLuke@thuntek.net

Sound Volunteers Needed

- ◆ Easter Vigil / Sunrise Service - Sunday, April 9, 5:45 AM
- ◆ Sunday, 8:15 AM service on April 16 & 23
- ◆ Sunday, 10:30 AM service on April 23
- ◆ 8:15 AM service: Sundays in May
- ◆ 10:30 AM service: Sundays in May

To volunteer, please contact the church office at (505) 299-2621 or StLuke@thuntek.net. Training available for new volunteers

Church Office Closures

- ◆ Noon on Good Friday, April 7
- ◆ Easter Monday, April 10

Birthdays

04 Cheryl Heise
05 Judith Stocum
06 Liam Tierney
07 Gayle Carleton
07 Diane Gruner
07 Don Lange
09 Ellen Gerwin
09 Brent Meyer
11 Betty Ann Arner
12 Bob Thornton
13 Leondra Schuler
14 Denny Krenz
19 Nancy O'Dell
20 Shannon Guericke
21 Louanne Saylor
22 Rick Parker
26 Carol Traeger



Wedding Anniversaries

04 Ben & Bev Larzelere
14 Mike & Carol Abramovich
16 Les & D'Ann Anderson
16 Spencer & Cheryl Gerwin
18 Peter & Pamela Makarenko
19 George & Carol Allen

Youth Baptism Anniversaries

07 Abigail Lyell
07 Layla Lyell
18 Summer Roesler
29 Hazel Trujillo
30 Emory James

*For it was you who formed my inward parts; you knit me together in my mother's womb.
I praise you, for I am fearfully and wonderfully made. - Psalm 139:13-14a*

For Christ also suffered once for sins,
the righteous for the unrighteous,
to bring you to God.
He was put to death in the body
but made alive in the Spirit.

1 PETER 3:18, NIV



ST. LUKE LUTHERAN CHURCH

A congregation of the ELCA Rocky Mountain Synod

The Rev. Elizabeth Eaton, *Presiding Bishop*

The Rev. James Gonia, *Synod Bishop*

The Rev. Christa von Zychlin, D.Min., *Pastor*

The Rev. Wayne L. Nieminen, Ph.D., *Pastor*

Michelle Barba, *Business Manager*

Danielle Cordova, *Coordinator of Music Ministries*

Pamela Franco, *Media Ministry Assistant*

Nancy Granert, *Organist*

Angelica Miller, *Office Manager, Ministry Assistant,*
Horizon newsletter Editor

Precious Goodhart, *Nursery Care on Saturday*

Taylor Hollowwa, *Nursery Care on Sunday*

J & J Services (Jaime Silva), *Custodial Services*

Church Council

(Email: Council@StLukeABQ.org)

Marshall Shore: *President, Executive Comm., Property*

Greg Haschke: *Vice-President, Executive Comm.,*
Stewardship, Sanctuary Choir

Judy Moore: *Treasurer, Executive Comm., Finance,*
Budget, Personnel, Stewardship, Elders Alive

Donna Berardinelli, *Secretary, Executive Comm.,*
Children, Youth & Family Comm., Communications

Cindy Callisto

Alison Schuler

Ken Sorenson: *Property, Budget, Stewardship, Trust*

Pastor Christa and Pastor Wayne

St. Luke Preschool

Phone: (505) 292-8812

E-mail: stlukesc@thuntek.net

Website: www.stlukepreschool.org

Lori Erven, *Director*

Jane Clinger,

Office Administrator

Growing with God



St.LukePreschool

Horizon Newsletter

is a monthly publication

of ST. LUKE EVANGELICAL LUTHERAN CHURCH

9100 Menaul Blvd. NE, Albuquerque, NM 87112

Phone (505) 299-2621

E-mail: stluke@thuntek.net

Website: stlukeabq.org

Publication Deadlines: *Please send articles/items to the church office, c/o Angie Miller at stluke@thuntek.net.*

- Deadline to submit articles for the next month
Horizon newsletter: 15th day of the current month
- Items for the weekly **St. Luke GPS:** - noon on Wednesday before upcoming weekend service
- Deadlines subject to change during the holidays