



St. Luke Lutheran Church

9100 Menaul Blvd. NE, Albuquerque, NM 87112
505.299.2621 Email: stluke@thuntek.net Website: stlukeabq.org

Rooted in God's Word, Serving in God's World



ST LUKE WORSHIP SERVICES

The Lord's Supper is shared at all weekend services.

Nursery care available during weekend services

Saturday at 5 PM Worship Service

In-person and Simultaneous Live-Streamed worship @ StLukeABQ.org

Sunday at 8:15 AM Worship Service

Sunday at 10:30 AM Worship Service

Sunday School for all ages

9:15 - 10:15 AM

- † Salt & Spark - meet in the Sanctuary for music & more with Ms. Danielle, followed by Godly Play (2.5 - 5 year olds & parent/guardian) and Kids Spark (5 - 12 year olds). May 19: Last day for 2023-2024
- † Adult Forum - meet in the Fellowship Hall
- † Nursery Care for infants - 5 years old; during worship services and Sunday School

Journeys with Jesus ...

and Pastors Christa and Wayne

April 17, 2024



Dear St. Luke Council and Congregation,

After a beautiful Lenten and Easter celebration together, it is with both sadness and joy that we have decided to retire this summer, and therefore resign from our call as your pastors at St. Luke. Our final Sunday with you all will be sometime near the end of June or early July (to be decided together with council). This decision has been a difficult one, as we had thought we would be here longer! However, we have served as ordained pastors for nearly 40 years (on four continents and in six states) and we now feel it is God's call to spend more time with our

dispersed family and return to our "homebase" in Wisconsin.

Over the past five years (since we first interviewed), we've had the privilege of witnessing the growth and strengthening of the St. Luke church community. We have weathered challenges (an understatement ... we went through Covid together! And a fire! And changes and divisions in the world and in our own communities!) We've also been with you through deeply moving funerals, meaningful conversations, dug into Scripture together, celebrated moments of joy, laughter, and reconciliation,

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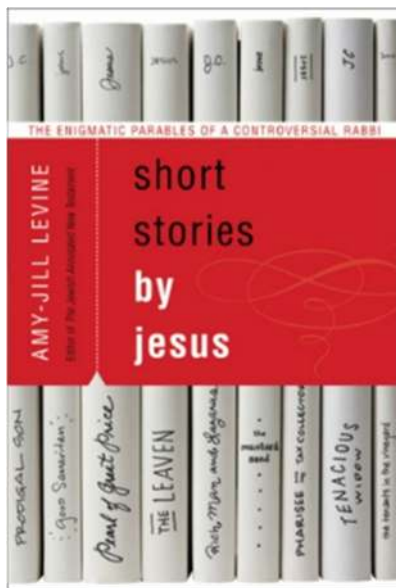
Journeys with Jesus ... continued from previous page

as well as the births and baptisms of children (and several adult baptisms), dozens of new members, and an overall growth in Christian faith, fellowship, service, and yes, evangelism – reaching out with the truth, grace, and beauty of the Gospel.

We love how St. Luke Lutheran Church ABQ – against all odds and current church trends - is actually growing in God’s overall mission: **Rooted in God’s Word, serving in God’s world and the specific vision into which God particularly calls St. Luke: To be an inviting and thriving multi-generational Congregation and Preschool while working with our neighbors and serving our community and world.** We are confident that St. Luke can thrive and grow under current and emerging church council ministry leaders and staff, and new, faith-filled and energetic pastoral leadership. We look forward to seeing what lies ahead for St. Luke, and our prayers will be with you. May you all continue your willingness and ideas for engaging in “holy experiments” for living out the timeless Christ-centered Gospel in old and new ways, unafraid to make mistakes along the way, knowing the Spirit guides you. We are deeply grateful for the support, love, and encouragement that we have received from the St. Luke council and whole congregation, and are committed to help in any way we can with the transition ahead.

With heartfelt gratitude, and trust in God’s refreshing new call to us and to you,

Pastors Wayne & Christa



New Wednesday Zoom Class:

“Short Stories by Jesus - The Enigmatic Parables of a Controversial Rabbi”

A Study of Jesus’ Parables from a Jewish Perspective using Amy Jill Levine curriculum. Dr. Levine is a New Testament and Jewish studies professor at the Hartford International University for Religion and Peace.

Wednesdays at Noon

Online at Zoom.US, enter MEMBER ID: 880 5207 1051,
then PASSCODE: Stories

Facilitator: Pastor Wayne

Please order **The Participant Guide - short Stories by Jesus** (Amazon price: \$11.40)

Those who would like to explore her work more deeply can explore her main text book (352 pages) with the same title. Cost: \$9.90 (at Amazon).

Extending God's Table - Student Pastor Ben's Internship Project

By Pastoral Intern Ben Bernstein

Hello everyone!

I would like to inform you all about my Internship project, called Extending God's Table. This is a Eucharistic ministry program that encompasses bringing communion and spending time with members who are unable to come to worship for any variety of reasons.



There have already been volunteers who have been interested and willing to be a Eucharistic visitor.

Thank you! I hope this will be a flourishing ministry in our congregation!

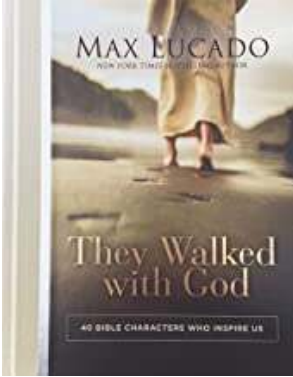
If you are you are available and interested in being a Eucharistic visitor, please contact me **(Student Pastor Ben)** at **864-398-9278** or at **stlukeintern@gmail.com**

**There will be an Extending God's Table training on
Wednesday, May 8 (postponed from last month)
5:30 PM @ St. Luke, in the Fellowship Hall**

We will also be enjoying a soup supper!

God's peace be with you all!
Student Pastor Ben





Lamplighters Book Study Group

We will meet on Thursday, May 2

2:00 -3:30 PM, in the Lounge/Library

We will be discussing two chapters in the book “They Walked With God,” by Max Lucado: “Ananias and Saul” and “Joseph.”

Discussion leader: Betty Ann Arner.

Everyone is invited.

Questions contact Diane Quarles 505-264-5444.

Women’s GATHER Bible Study, Brunch, & Mini-Retreat

Saturday, May 18

9:15 - 11:45 AM, in the Fellowship Hall

Winter/Spring 2024 Study:

Scripture and Nature: Teachers of Faith

by The Rev. Sara Olson-Smith

Study will be led by Pastor Christa



May Study: Food: Daily bread for the health of the world

Most of us hunt, harvest and forage in grocery store aisles.

We’ve forgotten the ways our food first comes to us—from

fields, flocks, forests and farms. Considering our relationship with creation and our faithful stewardship of the earth means paying attention to the ways we eat. In this final session, we’ll see how stories of food in scripture offer us ways of faithful eating that are responsible, celebratory and delicious. Locust and wild honey, anyone?

For our “show and tell” please bring any or all of the following:

- ♥ A favorite goblet, cup, serving dish, plate or utensil that helps tell the story of a meaningful meal.
OR
- ♥ A food (to share of course) that speaks of God’s goodness.
AND
- ♥ A protein-rich, shelf-stable food (or whole grocery sack?) to donate to our St. Luke Storehouse barrel.

ALSO - Invite your sister, neighbor, cousin, daughter, new church member, or an old or new friend to attend with you!

Study is found in March/April issue of Gather magazine; copies are available at the study.

The video supplement is available at GatherMagazine.org/bible-study/

For more information: contact Bev Berardinelli at womensbiblestudy@stlukeabq.org

VACATION BIBLE DAY CAMP 2024

June 17 - 21, 8:45 - 11:30 AM
Ages: K - 5th Grade

\$10 fee (Covers a T-shirt, snacks, and craft supplies)



Bible Study

Songs

Fun



Games

Snacks

Crafts



Older kids and teens needed as junior counselors.
Non-church members and friends welcome!
for more information, contact St. Luke 2024 VBDC
coordinator Donna Berardinelli at: VBDC@StLukeABQ.org

Sign Up: <https://stlukeabq.org/vacation-bible-camp/>



Vacation Bible Day Camp 2024

Opportunities to Participate as Volunteers or Supply Providers:

☼ Youth 6th grade and up as Junior Counselors. Please fill in the form online at <https://StLukeABQ.org/vacation-bible-camp/>. For more information, please contact VBDC Coordinator Donna Berardinelli at VBDC@StLukeABQ.org

☼ Provide dinners and lunches for four Rainbow Trail Counselors - If you can provide meals and for more information, please send email to the church office at StLuke@thuntek.net.

Lunch on:

Monday, June 17

Tuesday, June 18

Wednesday, June 19

Thursday, June 20

Friday, June 21

Dinner on:

Monday, June 17

Tuesday, June 18

Wednesday, June 19

Thursday, June 20

☼ Lots of volunteers are needed. Please contact VBDC Coordinator Donna Berardinelli at VBDC@StLukeABQ.org

☼ Snacks for Campers - Watch for the complete list and quantity needed in the St. Luke GPS.

LOVE GOD LOVE NEIGHBOR

ABQ YOUTH COLLABORATIVE

In April: At St. Paul Lutheran Church
Service Adventure: Activities & Presentation about FAITHWORKS



This was the last “Love God, Love Neighbor ABQ Youth Collaborative” for school year 2023 - 2024. Next scheduled event: September 8, 2024
See you back in September 2024.

From Loving Thunder Therapeutic Riding (service adventure location in March)

Dear Pastor Christa and Church Members,

Thank you so much for your generous contribution of time and funding for Loving Thunder. Your team has helped so much and we will definitely pass it on. Thank you.

Twuana

Loving Thunder

Rainbow Trail Lutheran Camp in COLORADO!

Are you entering 6th - 9th grade next fall?

St. Luke is sending a group (of at least 3) for a fantastic week of faith and joy in the Rockies - we'd LOVE to have you along! One of our St. Luke Ministry Leaders Tom Berardinelli will be accompanying our campers (tomberardinelli@gmail.com)



We need to confirm soon, so please contact Holly Trujillo at HTrujillo1624@gmail.com or Pastor Christa at pastorchristaABQ@gmail.com or just call the church office for more information.

We have \$\$ generously offered by St. Luke members to help YOU join in.

Online Registration: <https://www.rainbowtrail.org/summer-camps/confirmation/>

AGE REQUIREMENTS: Entering 6th-9th grade

2024 DATES: Sunday, June 23 - Saturday, June 29

2024 FEES: \$520.00 (\$100 deposit required to register - St. Luke pays \$260**) (* more scholarship \$ is available if needed; contact Pastor Christa)

Salt & Spark Sunday School Opening (Music and more with Ms. Danielle)

Sundays at 9:15-10:15 (between worship services)

Meet in the Main Sanctuary, then we split off into our respective groups:



GODLY PLAY for 2 ½ - 5 year olds plus one

(with a parent, grandparent or caregiver) Godly Play is a creative, imaginative approach to Bible Story-telling.

KIDS SPARK for 5 to 12 year olds

With games, crafts, and conversation, we gather "family style" helping each other to pray, read the Bible, and explore ways to activate our faith in everyday life throughout the week. We discover and re-discover God speaking to us afresh!



◆ **Last day of Sunday School** for 2023-2024 is on May, 19th

◆ **End of year Sunday School Celebration!**

Come one, Come all!

Saturday May 18, 3:00-4:30 PM

At North Domingo Baca Park

7521 Carmel NE, Albuquerque, NM 87113

Snacks and popsicles will be provided. We will be meeting on the north side of the park, by the playground! Any questions, please contact Holly Trujillo at (505)238-3609

htrujillo1624@gmail.com



Adult Forum Series: *The Wired Word*

You are invited for conversations!

Sundays, 9:15 AM (between worship services)

In the Fellowship Hall

Each week, we discuss faith and scripture as it relates to a current topic that has been in the news within the past week or two.

The Wired Word sends the lesson electronically at the end of each week for the upcoming Sunday. Class members can receive advance copies of the lesson, which includes: summary, links to media reports on the topic, related Biblical passages, and discussion questions. Or, you can just show up, ready to listen and share your perspectives.

Pastor Wayne, David Follstaedt, or Hazel Mella will be leading the conversations.



Worship, Music & the Arts

Smells and Bells

By Tom Berardinelli, Worship, Music, & the Arts Ministry Team

Have you ever heard the term, “smells and bells?” Most often, it’s a derisive term used to mock liturgical worship and more specifically, the use of incense and bell ringing, and normally directed toward our Roman Catholic and Orthodox sisters and brothers in Christ. Well, like most derisive (or mocking) terms, they hide a truth that can be something quite good... and interesting in this case. But it is always good to remind ourselves that “smells and bells” are, as many liturgical practices, “adiaphora.” Meaning neither commanded nor forbidden by scripture. That doesn’t mean adiaphora is a bad thing, in fact much of it is quite beautiful and can make our worship experience more meaningful.

Smells. The use of incense is a practice in worship tracing back to the fourth century and not something only practiced by the Roman Catholic or Orthodox churches. Other liturgical denominations use incense as well. For Lutherans this is sometimes done during Evening Prayer services and reminds us of Psalm 141 (“Let my prayer rise before you as incense...”). The rising smoke of incense (which comes from sprinkling the incense over hot charcoal in a vessel known as a censer or thurible) is a symbol of our prayers ascending to God as described in Revelations 8 (“Another angel, who had a golden censer, came and stood at the altar...and so from the angel’s hand the smoke of the incense went up in the presence of God and with it the prayers of the saints.”). We have no plans to introduce the use of incense in our worship at St. Luke, mainly because it is fairly common for people to be sensitive or even allergic to the smell of burning incense. But I did want to address the “smells” portion of this article’s title :-).



Bells. Ah, but what about those bells, you say? Well, the whole reason for me writing this article comes from a reminder we received in our most recent St. Luke Wednesday Zoom Study on Anglican Priest Tish Harrison Warren’s book, *Liturgy of the Ordinary*. In it she reminds us that the bells (called “sacring bells”), when rung during the Eucharistic liturgy, are a way of telling us, “‘Pay attention.’ They are an alarm to rouse the congregation, to jostle us to attention, telling us to take note, sit up, lean forward, and notice Christ is in our midst. We need this kind of embodied beauty—smells and bells—in our gathered worship, and we need it in our ordinary day to remind us to take notice of Christ right where we are.”

But is this really something Lutherans should be doing? Well... in a recent article in the *Journal of Lutheran Liturgy*, *Gottesdienst*, an article on “smells and bells” reminded the reader what Luther said of this custom: “The priest’s elevation of the sacrament together with the ringing of the bells, has no other purpose than to remind us of the words of Christ. It is as if the priest and the bellringer were saying to us all, ‘Listen, you Christians, and see, and take and eat, take and drink, etc.’” “To the great Reformer, clearly, the bells’ chief function was to focus attention on the Words of Institution, (which words, recall, were recited sub voce (soft voice) in the Roman rite at the time). In the Lutheran service they are trumpeted forth and are to be pronounced laut und deutlich (loud and clear).”



Worship, Music & the Arts

Acolytes and Crucifers

By Judy Aaker

On certain church feast days, the worship service begins with a processional. Feast days that there may be a processional include: Transfiguration Sunday, Passion/Palm Sunday, Easter, Pentecost, Reformation Sunday, All Saints Sunday, and Christmas Eve. Participants include: an acolyte or two who light the candles and a crucifer who carries the cross. Youth 3rd grade and up are strongly encouraged to serve as acolytes; youth 6th grade and up to serve as crucifers. Adults are also welcome to serve. Parents and their children may decide to serve together. Please sign up on this [online form](#), or on the goldenrod bulletin insert.

For more information, please contact Judy Aaker at 507-210-2978 or jaaker2@yahoo.com; or contact Tom Berardinelli at 505-266-3666 or tomberardinelli@gmail.com.



Welcome

Isabella Grace Bernstein!

Born April 25, 2024

Congratulations to parents Student Pastor Ben & Courtney Bernstein!



Photos by St Luke Media Ministry Asst. Pamela Franco

Music Ministries

Danielle Cordova, Coordinator



THANK YOU, THANK YOU, THANK YOU!

Thanks to your generous support, **over \$2,000** was raised at Timbrels and Voices and Harp—Oh My! A St. Luke Members Benefit Concert to support Elijah Smith go to the Lutheran Summer Music Program & Festival at Valparaiso University. Combined with other funds raised, he has more than enough to cover tuition and some travel expenses.

Thanks to the 21 performers who signed up to participate, and thanks to those who arranged, set up, and cleaned up the reception.

Most of all, thanks to everyone who was able to attend and to give to a great cause.



St. Luke Worship, Music, & the Arts

Thank you, Les & Ginny for your dedicated service to the WMA Ministry!



The WMA Ministry Team is extremely grateful for Les Anderson's and Ginny Fisher's many years of dedicated service. Your knowledge, experience, and enthusiasm for this ministry will be missed! Peace and blessings from your WMA Ministry Teammates!

- Tom Berardinelli, WMA Chair

St. Luke Singers

By Ginny Fisher

In the month of May, the Singers are returning to Sandia Senior Suites. We'll sing a few Springtime songs, some old favorites, and in recognition of Armed Forces Day and Memorial Day, include some "Americana." We'd love to have you join us in this ministry!

Date: Friday, May 17


Time: we sing at 10:30 a.m.

Location: 303 San Mateo NE

To let us know that you'll be joining us or for more information contact Ginny Fisher at (505) 280-2012 or vcfisher@comcast.net.



<p>5 Nursery Care during services & classes After each service: Coffee Fellowship-Church lobby 8:15am Worship Service 9:15am Adult Forum, in the Fellowship Hall 9:15am Salt & Spark Sunday School Opening, in the Sanctuary, followed by Godly Play & Spark 10:30am Worship Service</p>	<p>6 9:50-11:45am Preschool Music classes in the Sanctuary</p>	<p>7 9:15am-11:45am Preschool Music classes, in the Sanctuary 1:30pm St Luke Learners & Servers Planning meeting on Zoom 2:30pm Preschool Staff meeting, in the Fellowship Hall 6:30pm Worship, Music & the Arts Comm. meeting on Zoom</p>
<p>12 Mothers' Day Thanksgiving & Godspeed to Music Scholars David & Grace Nursery Care during services & classes After each service: Coffee Fellowship-Church lobby 8:15am Worship Service 9:15am Adult Forum, in the Fellowship Hall 9:15am Salt & Spark Sunday School Opening, in the Sanctuary, followed by Godly Play & Spark 10:30am Worship Service 2pm Book Fair set up in Youth room</p>	<p>13 Preschool Scholastic Book Fair, in the Youth room 9:15am and 11:15am Preschool Spring Programs, in the Sanctuary</p>	<p>14 Preschool Scholastic Book Fair, in the Youth room 9:15am and 11:15am Preschool Spring Programs, in the Sanctuary 2pm Staff meeting 6pm Property Committee meeting on Zoom 7pm Children, Youth & Family Committee meeting on Zoom</p>
<p>19 PENTECOST WEEKEND Nursery Care during services & classes After each service: Coffee Fellowship-Church lobby 8:15am Worship Service 9:15am Adult Forum, in the Fellowship Hall 9:15am Salt & Spark Sunday School Opening, in the Sanctuary, followed by Godly Play & Spark (last day of classes for 2023-2024) 10:30am Worship Service, Salt & Spark Kids singing</p>	<p>20 9am Preschool Staff In-Service, in the Fellowship Hall</p>	<p>21 Preschool closed May 21-27 10am St Luke Learners & Servers visit the Indian Pueblo Cultural Center</p>
<p>26 Thanksgiving & Godspeed to Student Pastor Ben Bernstein Preaching at both services: Student Pastor Ben Nursery Care during services & classes After each service: Coffee Fellowship-Church lobby 8:15am Worship Service 9:15am Adult Forum, in the Fellowship Hall 10:30am Worship Service</p>	<p>27 Memorial Day St. Luke church office closed</p>	<p>28 Preschool summer school begins 2pm Staff meeting 7pm Preschool Committee meeting on Zoom</p>

Wed	Thu	Fri	Sat
<p>1 No Wednesday study on Zoom 10am Staff Spring Birthday Celebration, in the Conference room 2pm Bells of St. Luke practice, in the Sanctuary 7-8:30pm Sanctuary Choir</p>	<p>2 National Day of Prayer 2pm Lamplighters Book Study, in the Lounge/Library</p>	<p>3 9:15-11:45am Preschool Worship: JESUS & THE CHILDREN and program rehearsals</p>	<p>4 5pm Worship service 5pm Live streamed worship at StLukeABQ.org</p>
<p>8 12pm Wed. study: Short Stories of Jesus, on Zoom 2pm Bells of St. Luke practice, in the Sanctuary 5:30pm Extending God's Table with Soup Supper, in Fellowship Hall 7-8:30pm Sanctuary Choir practice</p>	<p>9 9:15-11:45am Preschool Worship: JESUS & THE CHILDREN and program rehearsals</p>	<p>10 9:15am KinderPrep Spring Program</p>	<p>11 1-2:30pm Survivors of Suicide, Zuni room 5pm Worship service 5pm Live streamed worship at StLukeABQ.org</p>
<p>15 Deadline: articles and items for the June Horizon newsletter & calendar Preschool Scholastic Book Fair, in the Youth room 12pm Wed. study: Short Stories of Jesus, on Zoom 2pm Bells of St. Luke practice 6pm ABCC Youth Harmony Camp Parents meeting (c/o Bev), in the Fellowship Hall 7-8:30pm Sanctuary Choir practice</p>	<p>16 Preschool Scholastic Book Fair, in the Youth room Preschool classes end 2pm Finance Committee meeting on Zoom</p>	<p>17 10am Preschool Picnic at North Domingo Baca park 10:30am St. Luke Singers, singing at Sandia Senior Suites, 303 San Mateo NE</p>	<p>18 PENTECOST WEEKEND 9:15-11:45am Women's GATHER Bible Study, Brunch, & Mini-Retreat, in Fellowship Hall 3-4:30pm End of Sunday School Celebration at North Domingo Baca Park 5pm Worship service 5pm Live streamed worship at StLukeABQ.org <i>U. S. Armed Forces Day</i></p>
<p>22 12pm New Wednesday Zoom study: Short Stories by Jesus 2pm Bells of St. Luke practice, in the Sanctuary 7-8:30pm Sanctuary Choir practice</p>	<p>23 6pm Church Council meeting on Zoom</p>	<p>24</p>	<p>25 1-2:30pm Survivors of Suicide, Zuni room 5pm Worship service 5pm Live streamed worship at StLukeABQ.org</p>
<p>29 12pm New Wednesday Zoom study: Short Stories by Jesus</p>	<p>30</p>	<p>31</p>	



Growing with God Since 1956

(505) 292-8812 | STLUKEPRESCHOOL1956@gmail.com | stlukepreschool.org



We can't believe another school year has quickly passed! The month of May brings us to our Spring Programs, the annual picnic in the park, some goodbyes, and many well wishes.

You are warmly invited to join us

At 9:15 am or 11:15 am on
Monday, May 13th or Tuesday, May 14th
in the sanctuary of the church to experience

The story of Noah
through the eyes of little ones.

We are blessed by the guidance and creative talents of Danielle Cordova, and Nancy Granert and by Gil Quintana who will be our narrator!

We are thankful for the Preschool Committee members who are volunteering their time and talents to assist us with the Scholastic Book Fair that will be taking place in conjunction with the Spring Programs.



This school year, Preschool Community Cooperative members Danielle Cordova, Mary Fidler and Holly Trujillo worked together to create beautiful opportunities to bring the church and preschool communities together. Art activities during the Advent and Lenten Soup Suppers, the Pizza and Pajama Party that was held last fall, the Lenten Fair, and the recent Family Literacy Night, were all a part of their planning. Learning together and connecting with one another is so very meaningful.

Preschool Committee members Michelle Barba, Steve Garrett, Linda Hathaway, Jean Hollowwa, Lisa Koontz, Dick Lynch, Brent Meyer, Daleen Olson, Pastor Wayne, Diane Quarles, Sally Quintana, and Mary Sorenson, have given of their time and talents in numerous ways throughout this school year. In addition to attending meetings and serving on preschool sub-committees, committee members attended our events to help with a variety of tasks including: greeting families; assisting with activities; setting up; cleaning up; and so much more.

The Preschool Committee is made up of an outstanding group of people who are passionate about the work we do with young children and their families.

If you are looking for a rewarding and joyful volunteer experience, please consider joining the Preschool Committee. You would be most welcomed!

† St. Luke Learners & SERVERS

“Wonderful and awesome God, help us to follow your word and the example of your son, Jesus. Encourage us to always desire to know about you and your word. Help us to serve each other, in or out of this community, for the benefit of all. Help us also to be teachers of your way. Amen.” [February 2024]



We are visiting the INDIAN PUEBLO CULTURAL CENTER

Join us on Tuesday, May 21, 10 AM (includes having lunch)

If you are interested in going, we need to know by May 3rd.

Please contact Judy Moore at judyhmoore@gmail.com.

The next planning meeting will be on Tuesday, May 7, 1:30 PM via Zoom.

Contact Judy Moore to attend.

Looking ahead ...

- ♥ **Saturday, June 29, 10 AM** - Visit Tinkertown Museum and go to lunch
- ♥ **Saturday, July 13, 10 AM** - Visit the National Atomic Museum and go to lunch
- ♥ **Tuesdays, August 6, 13, 20, 27, 11 AM - 2 PM** - Adult Vacation Bible School, at St. Luke. We have two sessions so far:
 - ◇ Presentation on mobility by George Fraser, Physical Therapist and former owner of Fifty “N Fit
 - ◇ A tour of artwork at St Luke church, by St. Luke member and resident artist Nancy Krenz



**St Luke Learners & Servers April Event
Presentation on the Navajo Lutheran
Mission in Rockpoint, AZ
[website: nelm.org]
Presenters: St. Luke members who had
visited the mission**

Photo on the left: Patterson Yazzie, Executive Director of Navajo Evangelical Lutheran Mission. To listen to Mr. Yazzie and the history of the Navajo Lutheran Mission, go to youtube.com and, on the search bar, type “Navajo Lutheran Mission: 2023 synod assembly video.



Photo on the right: Judy Aaker reading excerpts from “Amazing Grace, Navajo Lutheran Mission, 50 Years of Ministry.”

Among those who have visited the Navajo mission are: Judy & Jerry Aaker, Elaine Kovach, Student Pastor Ben, and Pastor Wayne.





The Wellness Ministry

Mission: To CARE by equipping, educating and advocating for wellness of mind, body and spirit in our church and neighborhood.

MEMBERS Betty Ann Arner (Chair), Sandy Williams Clark, Gayle Carleton, Cheryl Folkes, and Twila Randolph

NEXT WELLNESS MINISTRY MEETING

Tuesday, June 4, 4:00 PM (*changed from 4:30*), in the Zuni room.

Information: Contact Betty Ann Arner at bettyannarner@gmail.com.

Summer Fun and Sun Exposure

By Cheryl Folkes, RN

Summer will soon be here and our children will be out of school. It's soon time for family vacations; many of us will head to a beach or an amusement park. We may spend time hiking or be at the pool. For many of us, we may also garden or just sit outside and enjoy the warmer temperatures. Our biggest risk is being in the sun and not protecting our skin. We can do many things to limit our risk of skin cancer.

Sun exposure can cause skin spots, leathery skin, wrinkles, eye damage and the most serious can become skin cancer. The National Cancer Institute estimated there will be 99,780 new cases of skin cancers and 7650 related deaths in 2022. There are an estimated 1.3 million people living with melanoma in the U.S. About 4.3 million people are treated for basal and squamous cell cancers a year according to the CDC.

Spending time in the sun increases your risk of skin cancer and early skin aging. You can reduce your risk by doing several things:

- Limit your time in the sun especially between 10 a.m. and 2 p.m.
- Wear a hat and clothing to cover as much of your skin as possible
- Use sunscreen with an SPF of at least 15 or higher that will protect you from the sun's UVA and UVB rays
- Read the label of your sunscreen to ensure you are using it correctly

Risk Factors

People of all skin colors are at risk for sunburn and UV radiation, so always protect yourself. You are at higher risk if you have:

- Pale skin
- Blonde, red or light brown hair

- Been treated for skin cancer
- A family member who has had skin cancer

Skin Changes and When You Should Be Concerned

There are three types of skin cancer: basal, squamous and melanoma. They will each have slightly different presentations.

Basal Cancer

- Pearly or waxy bump
- A flat, flesh colored or brown scar like lesion
- A bleeding or scabbing sore that heals and returns

Squamous Cancer

- Firm red nodule
- Flat lesion with a scaled crusted surface

Melanoma Cancer

- Large brownish spot with darker speckles
- Mole(s) that change in color, size, feel or bleeds
- Small lesion with an irregular border and portions that appear pink, red, white, blue or blue-black
- A painful lesion that itches or burns
- Dark lesions on your palms, soles, fingertips or toes or on mucous membranes lining your mouth, nose, vagina or anus

When to See a Doctor

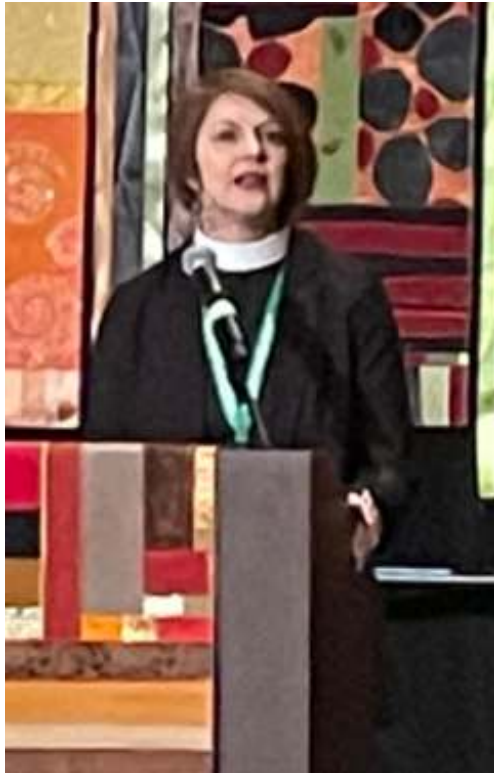
If you notice any of these changes it is best to see your doctor. Not all of these changes are skin cancer but it is best to let your doctor look at them to determine if it is anything to worry about. Let's all have fun this summer but let's all do it as safely as possible.

References: Mayo Clinic and FDA. gov



At the Rocky Mountain Synod Assembly held in Loveland, CO, April 25-27, 2024

The Rev. Dr. Meghan Johnston Aelabouni Bishop Elect of the Rocky Mountain Synod



Our St. Luke representatives to the Assembly included Pastors Wayne & Christa, Council President Marshall Shore, and Council Member & Financial Secretary DeAnn Eaton Azar.

Ask them about their experiences.



The Women's GATHER Bible Study group remembers Rev. Meghan from our fall 2023 study: Holy Places which she authored.

BUCKET OF CHANGE "Noisy Offering"

Our St. Luke "Bucket of Change" offerings for May will go to:

Albuquerque Healthcare for the Homeless

www.AbqHCH.org



Mission: Fueled by compassion and driven by equity, we lead boldly, create exceptional health care experiences, and raise voices to end homelessness.



As a Federally Qualified Health Center, AHCH operates its own freestanding medical clinic. The clinic offers primary medical care and psychiatric services, with a volunteer-run eye clinic.

You may place your offerings for the **BUCKET OF CHANGE** in the bucket at church (*our "noisy offering"*), send gifts directly to St. Luke via mail or contribute via our online giving resources on our church website <http://stlukeabq.org/>.

St. Luke Prays

Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God. – Psalm 42:11

FOR OUR ST. LUKE FAMILY

† Sherri Domres † Dawn Meyer
† D W Stephenson † Brenda Sanchez

† **Our homebound:** Polly Brodbeck, Melda Burns, Dorela Cole, Leah Coughenour, Dottie Donohoe, Karin Duda, Kay Dunbar, Lucille Few, Marie Lenard, Marv Plugge, Loretta Roe, Lois Rowland, Ardys Theophilus, Donald Vlasaty, and Liz Wills

† **Thanksgiving:** For the birth of Isabella Grace Bernstein on April 25. Congratulations to parents Student Pastor Ben & Courtney Bernstein & thanksgiving for the good health of baby and mom.

† For Church Leaders & Staff

- Pastors Christa & Wayne, Student Pastor Ben
- Church Council, Ministry Leaders, and volunteers
- Church office staff
- St. Luke Preschool students, teachers, and staff

FOR OUR FAMILY, FRIENDS & NEIGHBORS

† **Those Who Mourn:** Sonia Garley & Ernesto Garley, grandchildren of Dorela Cole, upon the death of their father John Garley on April 28

† **Thanksgiving:** Bonnie's improved health (relative of Barbara Exley)

† **Fighting Cancer:** Cathy H (from Barb Shirrod); John, leukemia (from Clark family); Cindy, rterminal cancer diagnosis (daughter of Leah Coughenour); Diane & Valerie (friends of the Berardinellis); Wife of Schwebach Farm's farmer Dean, in Moriarty, NM (Angie); June Bernal, 2 yrs old, with brain tumor and cancer in spine (granddaughter of Nancy Tarman's friend); Melanie Amend (from Sharon Ormiston); Alan, leukemia (Bev Berardinelli's brother)

† **Recovery/Healing:** Julian's health (from Charles & Barbara Exley); Judy & Heidi (from Charles & Sandy Clark); Jean Klenke (mother of Sharon Ormiston); Peggy (sister of Sally Trigg); Betty (Lori Erven's mother); Erland (Karen Carlson's brother); Dick, has Parkinson's disease (brother of Marina Mauney)

† **Other Concerns:** Mike (from Sally Trigg); For those who have drifted away from attending church, that they would be invited or return on their own (from Betty Ann Arner); Brock, Kristine, Derek, Brandon, & Chris (from Nancy Espy)

† Submitted via St Luke website:

- Kelly Greenlee: Please pray for God's blessing upon our city and county. Pray that we turn back to God as a nation. Pray for all those who are without Jesus in their life to repent and open their hearts to His love, grace, and salvation.

FOR CHURCH COMMUNITY

† Bishop Jim Gonia as he concludes his two 6-year terms as bishop.

† The Rev. Dr. Meghan Johnston Aelabouni, Rocky Mountain Synod Bishop Elect

† Churches in our community that are in the process of searching for a pastor
† Carolyn Schneider, Ph.D., ELCA Missionary, recently moved to Guyana to work with the Evangelical Lutheran Church in Guyana. Pray also for her visit and preaching at St. Luke on Sunday, August 11.

† Camino de Vida church in Albuquerque, as they go through a pastoral transition

† Lutheran Family Services in Albuquerque
† Luther House UNM/CNM and Campus Pastor Rhonda Newby-Torreson

† Navajo Lutheran Mission in Rock Point, AZ

† The persecuted church: violence in countries in sub-Saharan Africa

FOR OUR COMMUNITY, COUNTRY & THE WORLD

First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way. This is good, and it is pleasing in the sight of God our Savior, who desires all people to be saved and to come to the knowledge of the truth. – 1 Timothy 2:1-4

† Disorder in several US college campuses (Lord, send out your light and your truth and let them lead our youth. - *praying Psalm 43:3a*)

† Saranam, a local outreach organization to those experiencing homelessness, and families affected by a recent fire in one of their apartments

† Our Government [city, county, state, nation], that it may show itself in all respects to be a model of good works, and in its governing, show integrity, dignity, and sound speech that cannot be condemned so any opponents may be put to shame, having nothing evil to say about our communities and nation. – from Titus 2:7-8 (Angie)

† Tumult in the Middle East. "I lift up my eyes to the hills. From where does my help come? My help comes from the Lord, who made heaven and earth. He will not let your foot be moved; he who keeps you will not slumber. Behold, he who keeps Israel will neither slumber nor sleep." – Psalm 121:1-4 (Angie)

† Albuquerque Healthcare for the homeless, our Bucket of Change recipient for May

† Countries in East Asia

Please submit your prayer requests to PrayerChain@StLukeABQ.org or contact the church office. Names will remain on the prayer list for one month.



May Celebrations

Birthdays

1 Marvin Plugge
 5 Michael O'Dell
 7 Steve Garrett
 7 Diane Quarles
 10 John English
 10 Bert Tise
 10 Chloe Rae Welch
 15 Magda Renteria
 17 Les Anderson
 17 Joyce Mills
 17 Gabriel Welch, Jr.
 23 Brenda Gronewold
 23 Genevieve Parriott
 24 Laura Eaton-Ortega
 24 Lori Erven
 29 Charles Exley



52nd Anniversary of Ordination

21 Ben Larzelere

30 John Feddema
 30 Mary Voelz

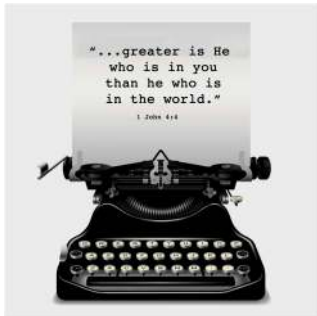
Congratulations Pastor Janet Morse

Her 35th ordination anniversary was celebrated at the Rocky Mountain Synod Assembly

Wedding Anniversaries

5 Greg & Barbara Haschke
 11 Jim & Dianne Otto
 16 Bill & Betsy Abel
 26 Brent & Dawn Meyer

For it was you who formed my inward parts; you knit me together in my mother's womb. I praise you, for I am fearfully and wonderfully made. - Psalm 139:13-14a



ST. LUKE CHURCH OFFICE

Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands! – Psalm 90:17

Contact church staff at: 505.299.2621 or at stluke@thuntek.net

Altar Flowers, given by

May 4 - 5: Andrew & Mary

Fidler, in honor of Nancy Fidler

May 11 - 12: Lorelei Bintz, in memory of (The Rev.)

Paul Buddrius

May 18 - 19: Shirley Smith, to the glory of God

May 25 - 26: *one arrangement available*

Sanctuary Candle for May

Given by Betty Ann Arner, in loving memory of Hal Arner

To offer altar flowers/plant and Sanctuary candle, please sign up on the Flower Chart posted on the kiosk in the Church lobby. Donation: \$25 for Sanctuary candle for the month; \$35 per altar flower arrangement.

You may donate online at stlukeABQ.org or send your donation with your offering.

Worship Assistants

The sign up sheets are available on the kiosk, in the Church lobby.

Church Office

- ◆ Thank you to Charles & Sandy Clark and Mike Sanchez for cleaning up the yard, upkeep of the plants, and making the landscape attractive with flowers fresh moved lawn.

Publication Deadlines

- ◆ Wednesdays at Noon: deadline to submit items for the next weekly St. Luke GPS.
- ◆ Thursday, May 15: deadline for articles and items for the June Horizon and calendar

Please submit articles, items, and reports to Angie at the church office at StLuke@thuntek.net.

Global Mission Ministry



The Rev. Carolyn Schneider, Ph.D.
ELCA Missionary serving in Guyana

April 2024

Dear friends and companions in ministry,

In this Queen of the seasons of the church year, may you find joy in the conviction that “one has died for all; therefore all have died. And he died for all, so that those who live might live no longer for themselves, but for him who died and was raised for them. ... So if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new!” (2 Corinthians 5:14-15, 17). For us, as Christians, Christ’s resurrection from the dead means that, in spite of what we see to the contrary in ourselves or in the world around us, “Goodness is stronger than evil, love is stronger than hate, light is stronger than darkness, life is stronger than death. Victory is ours, victory is ours, through God who loves us. Victory is ours, victory is ours, through God who loves us” (hymn by Archbishop Desmond Tutu). The theme of the triumph of good over evil is not unique to Christianity, but it takes on a very personal form for us because of our connection to Jesus Christ and what we believe about his life, death, resurrection, and sharing of the Holy Spirit.

Just before Easter, I was invited to speak for the Neighborhood Democratic Council (NDC) of the village of Cumberland, near New Amsterdam, where I live. The NDCs are the most local branches of government in Guyana, so this was a civic event, not a religious one. Nevertheless, they requested that I speak about the meaning of Holy Week and Easter in the Christian tradition.

I began by noting that this year, all three of the main religions in Guyana - Christianity, Hinduism, and Islam - had coinciding holidays, and that the Christian observance of Holy Week included some of the themes present in the holidays observed by Hindus and Muslims at this time. Hindus celebrated Holi (which is called Phagwah in Guyana, the name of its month in the Hindu calendar) as the victory of good over evil, and Muslims celebrated the month of Ramadan with fasting and with generous giving.



I described my visit to a big Phagwah festival on March 25, here in New Amsterdam. I was attracted to it by the loud music in Indian style, so I followed the sound, which turned out to be from the government house. There the President of Guyana, Mohamed Irfaan Ali, was hosting a free festival of performances by Hindu singing groups and dance troupes, of fabulous Indian food, of speeches, and of getting covered with brightly colored powders in celebration of Holi. A young woman bounded up to me and briefly caressed my cheeks with orange powder; she came back later to give my chest a pat with purple powder; then a passing young man cupped my chin with pink powder. The result was as you see. President Ali himself did not escape, but appeared for his speech covered in powders.

Continued next page



President Ali is not himself a Hindu but a Muslim, observing Ramadan by fasting and charitable giving. Muslims fast to exercise self-control and to develop empathy for those who never have enough to eat, which is why charitable giving is stressed during this month. I told my audience that many Christians also fast during Holy Week, especially here in Guyana, because the season of Lent, of which Holy Week is a part, is a season of repentance for all the evil in the world and for our complicity in it.

But on Easter we celebrate that in his own human body, Jesus brought our old humanity to death and in the same body brought a new humanity to life by rising from the dead. Early Christians came to call the first day of the week the eighth day of creation, since on that day Jesus rose as the first fruits of a new humanity to which we are joined in our baptisms by faith. Even though that new humanity is not yet fully realized among us, it has been realized in Jesus, who presents us to God in his own body, saved, alive, and righteous. On Easter Sunday, I was with the congregation of St. Thomas Lutheran Church, in a small village called Lochaber. (Jesus' disciple, Thomas, was the apostle to India.) Pictured are the members of St. Thomas, standing near the empty cross, which they have decorated with flowers of many colors.



They have a beautiful reminder of the eighth day of creation in the bricks on the pulpit, lectern, and wall behind the altar. The bricks are imprinted with lotus flowers, an ancient symbol in Hinduism and Buddhism representing the way that something beautiful can emerge in the swamp, out of the mud. The first Asian Christians in Persia and India found the lotus to be an excellent symbol of the new humanity in Christ, so they adapted the old symbol by putting a cross in it. All across Asia, the remains of the early church include pictures of the cross emerging from a lotus flower, which is Christ creating a new humanity in his body out of the mud of the first sinful humanity. That is why, on Easter morning at St. Thomas church, we repeated with gusto the affirmation: "Christ is risen! He is risen indeed, alleluia!"

Carolyn

AN INTRODUCTION TO LUTHERAN WORLD RELIEF

In 1945, Lutheran World Relief (LWR) was created in response to the heartbreaking tragedy and suffering at the end of World War II. Much has changed in nearly 80 years. But Lutheran remain at the very heart of this ministry, a true bedrock affirming God's love for all people. Thank you for joining us in our mission of ending poverty, injustice and human suffering in the world, until your love reaches every neighbor.

THREE WAYS LWR IS AT WORK IN THE WORLD



Amer Hac Abdullah, holding his 3-year-old daughter Ilin, lost his wife and two of his daughters when earthquakes destroyed their home in Türkiye. Within days, your love was on the ground providing food, water and essential supplies.



Living high up in the Andes mountains in Peru, your love reached as far as Eusebia Canales and her family. Today Eusebia is grateful for the nutritious food she is able to grow in her greenhouse and feed to her children.

EMERGENCY HUMANITARIAN RESPONSE

When a disaster hits — whether it's war in Ukraine or an earthquake in Türkiye — Lutheran World Relief is there. And while emergencies affect people at all societal and economic levels, it is the world's poorest who suffer the most. We work hand in hand with vulnerable communities to help rebuild after disaster strikes as well as avoid or prepare for future disasters.

We are on the ground in **TÜRKIYE**, providing earthquake survivors with their most critical needs, including longer-term shelter, emergency food and hygiene kits, clean water and latrines and mental health support. For those impacted by war in **UKRAINE**, mobile health clinics are providing much-needed care, filling an immense gap left by violence and destroyed and damaged hospitals. Following the **HAITI** earthquake, half of the country's hospitals and health clinics were impacted, leaving the surviving facilities overwhelmed with need. Teams were able to repair four health centers, provide critical health supplies and train nearly 50,000 people in infection control techniques.

LONG-TERM SUSTAINABLE DEVELOPMENT

As the saying goes, "Give a person a fish, and you feed them for a day. Teach a person to fish, and you feed them for a lifetime." Lutheran World Relief does both by providing emergency relief for our most forsaken neighbors in times of crisis, as well as building sustainable and successful solutions for the future. This long-term investment means that together, we work to transform lives, not only for individuals facing crisis today, but also for generations to come.

In **PERU**, in an isolated region with limited access to the outside world, malnourishment was a savage reality. By working with the community, residents have learned new adaptive farming techniques and valuable nutrition information, resulting in a generation of healthier, more prosperous families, even in the hardest to reach areas. In **MALI**, the vicious cycle of hunger and poverty is being broken. Fertilizer kits allow farmers to yield good harvests, even in the midst of difficult times, meaning their families are being fed and reaping the benefits of having an income.



QUILTS AND KITS



Thanks to the work of quilters and kit-makers, nearly 9,000 children in Njombe, Tanzania have quilts to keep them warm and help them grow up strong and healthy. Personal Care Kits help mamas like Rehema Ngamo care for herself and her baby.

Often, when natural disasters strike or war drives families from their homes, our hearts ache with compassion but we don't know how to help. Making Lutheran World Relief Quilts and Kits is a tangible way to express love for our neighbors in need. Quilts can be used as warm bedding, simple tents or floor coverings. Kits help someone to maintain good hygiene, care for a newborn baby or keep education going during a crisis. Each one reflects God's loving presence in a world rife with suffering.

In **TANZANIA**, quilts are helping to reduce stunting. Energy used by small children staying warm often expends precious calories, calories they can't afford to spend. By having the warmth of quilts, children are growing stronger and taller. School Kits in Guatemala are serving as incentives for attendance, meaning children are staying in school longer and teachers are better motivated to teach. ○



For more information, go online to
lwr.org/mission

SPRING EVENT

May 4, 2024 9:00am-2:00pm

280 Lake Fork Road,
Jemez Springs, NM 87025

LUTHERHAVEN LODGE AT FENDON LAKE



Lunch provided at the spring event. Questions? See St Luke member Janice Corcoran.

What are we doing?

Seasonal start up at the Lodge.

What is involved?

Various activities including cleaning inside, external ground clearing, initial seasonal startup duties, general maintenance, and anything else needing attention.

How can you help?

Consider coming up to help with any needed activities and or to learn about becoming a member and how to reserve/utilize the lodge. (Please RSVP via contact options below)

Are there other ways to help?

Absolutely! We accept monetary donations, and please pray for us!



Breathtaking Views and Great Fellowship!

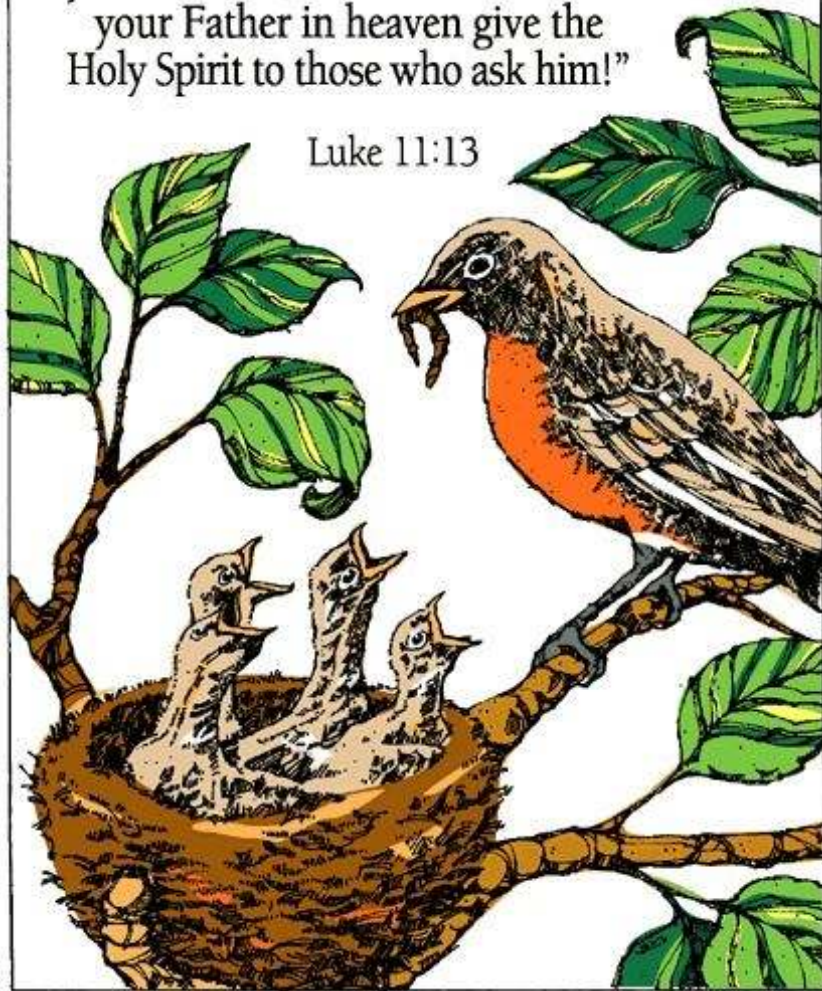
NMLA

Waterway Financial Office
8300 Carmel Ave NE Suite 103
Albuquerque, NM 87122
(505) 275-2436

lutherhavennm@gmail.com
www.nmlutherhaven.com

“If you then, though you are evil,
know how to give good gifts to
your children, how much more will
your Father in heaven give the
Holy Spirit to those who ask him!”

Luke 11:13



ST. LUKE LUTHERAN CHURCH



*A congregation of the
ELCA Rocky Mountain Synod*
The Rev. Elizabeth Eaton, *Presiding Bishop*
The Rev. James Gonia, *Synod Bishop*
The Rev. Dr. Rev. Dr. Meghan Johnston
Aelabouni, *Synod Bishop Elect*
The Rev. Christa von Zychlin, D.Min., *Pastor*
The Rev. Wayne L. Nieminen, Ph.D., *Pastor*
Ben Bernstein, *Student Pastor*
Michelle Barba, *Business Manager*
Danielle Cordova, *Coordinator of Music
Ministries*
Pamela Franco, *Media Ministry Assistant*
Nancy Granert, *Organist*
Precious Goodhart, *Nursery Care on Saturday*
Taylor Hollowwa, *Nursery Care on Sunday*
Angelica Miller, *Office Manager, Ministry
Assistant, Horizon newsletter Editor*
J & J Services (Jaime Silva), *Custodial Services*

Church Council

(Email: Council@StLukeABQ.org)
DeAnn Eaton Azar: *Finance Secretary*
Cindy Callisto: *Council Secretary*
Greg Haschke: *Council Vice-President;
Stewardship; Sanctuary Choir*
Hazel Mella
Judy Moore: *Treasurer; Finance; Budget;
Personnel; Stewardship; Godly Play;
Learners & Servers*
Alison Schuler
Marshall Shore: *Council President;
Property Comm.*

St. Luke Preschool

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Lori Erven, *Director*
Jane Clinger,
Office Administrator

Growing with God



St.LukePreschool

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Publication Deadlines: Please send articles/items to the
church office, c/o Angie Miller at stluke@thuntek.net.

- Deadline to submit articles for the next month
Horizon newsletter: 15th day of the current month
- Items for the weekly **St. Luke GPS:** - noon on
Wednesday before upcoming weekend service
- Deadlines subject to change during the holidays